



## Spring Semester 2025

First Term: Jan. 13 – March 7

Second Term: March 10 – April 18

- Spring Semester registration will be in two phases.
  - Registration for Study Trips and Experiential Learning begins Thursday, December 5 at 9:30am.
  - Registration for Classes begins Wednesday, December 11 at 9:30 A.M.
- Before registering, please read the Important Information section (pages 48-52) at the end of this catalog of course descriptions. This section includes refund policy, adverse weather policy and more.
- You may phone in your registration at 919.515.5782 (option 1) or register online at [www.ncsu.edu/olli](http://www.ncsu.edu/olli).
- Use **ollitrips** as the search term in the catalog search bar to find only OLLI study trips and experiential learning within the Reporter database.
- Use **ollisp25** as the search term in the catalog search bar to find all OLLI offerings within the Reporter database.
- Be aware that some offerings overlap in time, so double-check your schedule before finalizing your registration (drop fees apply).
- **Interested in trying OLLI without a commitment?** The OLLI Spring Semester Kick-Off Lecture and Open House: A Community Guide to Creating Public Art – pg. 27, **is free and open to the public, but registration is required** by calling the OLLI office M-F 8:30-4:30 at 919.515.5782. **The following lectures are being offered at a non-member rate of \$20 each:** The Elections are Over: Now What? - pg. 25, From Center Stage to Center Office: The Journey from Broadway Performer to Theatre Producer – pg. 41, Pursuing Justice: Conversations with the Wake County DA - pg. 45. No OLLI membership is necessary for these lectures, but registration is only available by calling the OLLI office M-F 8:30-4:30 at 919.515.5782.

## STUDY TRIPS

### Study Trip Activity Levels

Activity Levels help OLLI members assess if a study trip is appropriate for their lifestyle. Please contact the OLLI office if you have specific accessibility concerns prior to registering. Staff will work with the destination to foster the best possible experience for all. Some destinations are not recommended for those utilizing mobility aids.

**Level 1:** Enter/exit OLLI transportation with minimal assistance, stand or walk for up to an hour with minimal opportunity for sitting, able to navigate uneven surfaces and stairs successfully up to 14 steps.

**Level 2:** Climb flight(s) of stairs, stand or walk for over an hour with minimal opportunity for sitting, able to navigate uneven surfaces and inclines successfully.

**Level 3:** Be able to participate in three to five hours of daily physical movement, stand or walk for over two hours with minimal opportunity for sitting, able to navigate uneven surfaces and inclines successfully.

**Level 4:** Be in excellent physical health and lead an active lifestyle, plus Levels 1-3.

## Tuesday

### Study Trip -- Movie Star Magic in the Old North State

#### Activity Level 2

Legendary actress Ava Gardner grew up near Smithfield, North Carolina. A docent-narrated bus tour will drive by Smithfield area sites that pertain to Ava's childhood followed by time to explore the Ava Gardner Museum. Lunch will be self-pay at the Old North State Food Hall, which calls itself the nation's first roadside food hall.

**Note:** The narrated bus tour will be 1.5 hours in length.

**Includes:** Transportation by NC State school bus, museum admission and guided bus tour

**Depart:** 9:15 am

**Return:** Approximately 2:15 pm

**Course #:** MCE-LLI-4-103 **Instance #:** 000001 **One Session:** 9:15 a.m.-2:15 p.m. **Date:** Feb. 25 **Limit:** 30

**Location:** Smithfield, NC **Fee:** \$60 **Registration Deadline:** Feb. 18

### Study Trip -- Downtown Raleigh's Public Art

#### Activity Level 2

This downtown walking tour shows you some of Raleigh's best and most vibrant large-scale art works. Learn about the artists behind our public murals and sculptures and discover what inspired many of these fabulous pieces. Be sure to bring your camera so that you don't miss out on all the great photo opportunities!

**Two Identical Tours:** This study trip is being offered on two separate dates, choose the one that best fits your schedule.

**Note:** Wear comfortable walking shoes, dress for the weather with sun protection. Bring a filled beverage bottle to keep you hydrated. Be prepared to stand and walk about a mile on paved surfaces with inclines and declines. This tour will go rain or shine.

**Includes:** Transportation by NC State school bus, 90-minute guided walking tour.

**Depart:** Both instances depart McKimmon Center at 9:45 a.m.

**Return:** Both instances return approximately 12:00 p.m. to the McKimmon Center

**Course #:** MCE-LLI-4-019 **Instance #:** 000002 **One Session:** 9:45 a.m.-12:00 p.m. **Date:** March 4 **Limit:** 22

**Location:** Downtown Raleigh **Fee:** \$45 **Registration Deadline:** Feb. 25

**Course #:** MCE-LLI-4-019 **Instance #:** 000003 **One Session:** 9:45 a.m.-12:00 p.m. **Date:** March 11 **Limit:** 22

**Location:** Downtown Raleigh **Fee:** \$45 **Registration Deadline:** March 4

### Study Trip -- Sylvan Heights Bird Park

#### Activity Level 3

**\*\* This study trip is not recommended for those utilizing mobility aids\*\***

Sylvan Heights Bird Park is designed to give visitors an unforgettable experience with over 2,000 exotic birds. We will take a guided walking tour through the 28-acre facility. In the afternoon, we will meet two animals up close! The group will have a limited amount of free time to explore the park further.

**Note:** The park's trails are approximately one mile in total, with plenty of benches and other places to rest along the way. Wear sturdy, closed-toe shoes that are comfortable for walking. This trip is rain-or-shine, so please dress appropriately for the weather. Do not forget to bring water, a packed lunch, and a charged phone - so many opportunities for pictures!

**Includes:** Motorcoach Transportation, two educational programs, admission, bird food

**Depart:** 8:00 a.m.

**Return:** Approximately 4:30 p.m. to the McKimmon Center

**Course #:** MCE-LLI-4-089 **Instance #:** 000001 **One Session:** 8:00 a.m.-4:30 p.m. **Date:** April 3 **Limit:** 24  
**Location:** Scotland Neck, NC **Fee:** \$110 **Registration Deadline:** March 27

## Thursday

### Study Trip -- Confronting Change: Durham

#### Activity Level 2

For more than 37 years, the Carolina Theatre in Durham was a segregated venue. This tour documents the desegregation efforts through a comprehensive display of news footage, protester bios, and archived newspapers. Lunch is included at a nearby restaurant. Following lunch, there will be an opportunity to wander through the Museum of Durham History.

**Note:** This is **NOT** a behind-the-scenes tour of Carolina Theatre as a performing arts venue; it focuses on a pivotal moment in Durham's Civil Rights history. You have the option of walking 97 steps to the segregated section; elevators will be available as well.

**Includes:** Transportation by NC State school bus, guided exhibition tour, lunch at It's a Southern Thing

**Depart:** 9:15 am

**Return:** Approximately 3:30 pm

**Course #:** MCE-LLI-4-104 **Instance #:** 000001 **One Session:** 9:15 a.m.-3:30 p.m. **Date:** Feb. 13 **Limit:** 20

**Location:** 309 West Morgan St, Durham, NC 27701 **Fee:** \$65 **Registration Deadline:** Feb. 6

### Study Trip -- A Taste of Carrboro: Walking Food Tour

#### Activity Level 3

**\*\* This study trip is not recommended for those utilizing mobility aids\*\***

Join Taste Carolina's expert guides as OLLI explores Carrboro through a foodie's lens, where traditional and modern farm-to-table cuisine come to life. Sample ample tastings of innovative dishes all sourced from local farms. This tour will last approximately two and a half hours. The destinations will be a surprise to all, but tasty food is guaranteed!

**Two Identical Tours:** This study trip is being offered on Thursday, March 27 and Friday, March 28, choose the one that best fits your schedule.

**Note:** Tour runs rain or shine - please dress for the weather and wear comfortable shoes. If you have food allergies, please indicate the specifics when registering. This information will be shared with Taste Carolina as they plan our walking tour to ensure that all participants will be able to enjoy the tastings. However, they cannot accommodate a Keto diet at this time.

**Includes:** Food and drink tastings at three to four dining establishments, transportation by NC State school bus, tour admission

**Depart:** 12:15 p.m

**Return:** Approximately 4:30 p.m. to the McKimmon Center

**Course #:** MCE-LLI-4-100 **Instance #:** 000001 **One Session:** 12:15 p.m.-4:30 p.m. **Date:** March 27 **Limit:** 16

**Location:** Downtown Carrboro/Chapel Hill **Fee:** \$125 **Registration Deadline:** March 20

## Friday

### Study Trip -- Friday Favorites at the NC Symphony: Bach and Bartok

#### Activity Level 1

Shake off the winter blues as Carlos Miguel Prieto conducts Bach's Concerto for Two Violins, Bach's Brandenburg Concerto No. 3, Bartok's *Divertimento for Strings* and Bartok's *Rumanian Folk Dances*. Listen closely to how both composers exhibit interplay between the soloists and the larger orchestra.

**Note:** Lunch is not included in the program so eat a hearty breakfast and take along a snack to eat on the bus.

**No bags larger than 12" x 12" x 10" will be allowed.** Seating is assigned by OLLI staff.

**Includes:** Transportation by NC State school bus, ticket

**Depart:** McKimmon Center at 11:30 a.m.

**Return:** Approximately 1:15 p.m. to the McKimmon Center

**Course #:** MCE-LLI-4-098 **Instance #:** 000001 **One Session:** 11:30 a.m.-1:15 p.m. **Date:** Jan. 31 **Limit:** 29

**Location:** Meymandi Concert Hall **Fee:** \$50 **Registration Deadline:** Jan. 24

### Study Trip -- Inside Reynolds Coliseum

#### Activity Level 2

Join NC State legend Dr. Tom Stafford for a tour of the historic Reynolds Coliseum, one of the most iconic buildings on the campus. The renovated space includes the NC State Athletic Hall of Fame, Walk of Champions and Coaches Corner. **Participants will drive themselves to the location.**

**Two Identical Tours:** This study trip is being offered on Feb. 7 and Feb. 28, choose the one that best fits your schedule.

**Note:** Participants must be able to stand and walk for up to an hour.

**Includes:** Tour of facilities. **Participants will drive themselves to the location and can park in the Coliseum Parking Deck.**

**Meeting Time:** 10:45 a.m.

**End Time:** Approximately 12:30 pm

**Course #:** MCE-LLI-4-063 **Instance #:** 000002 **One Session:** 10:45 a.m.-12:30 p.m. **Date:** Feb. 7 **Limit:** 20

**Location:** Reynolds Coliseum **Fee:** \$40 **Registration Deadline:** Jan. 31

### Study Trip -- Love and Broken Hearts Walking Tour

#### Activity Level 2

Join OLLI on a Valentine's Day walking tour of hearts won and lost! You will hear about the city's most notable love affairs -- passionate tales that echo through the ages. Uncover forbidden romances, tragic tales of star-crossed lovers lost to time, and a sweet love story at the end that will leave you smiling.

**Note:** Wear comfortable walking shoes, dress for the weather with sun protection. Bring a filled beverage bottle to keep you hydrated. Be prepared to stand and walk about a mile on paved surfaces with inclines and declines. This tour will go rain or shine.

**Includes:** Transportation by NC State school bus, 75-minute guided walking tour

**Depart:** 12:30 p.m.

**Return:** Approximately 2:45 p.m. to the McKimmon Center

**Course #:** MCE-LLI-4-101 **Instance #:** 000001 **One Session:** 12:30 p.m.-2:45 p.m. **Date:** Feb.14 **Limit:** 22

**Location:** Downtown Raleigh **Fee:** \$45 **Registration Deadline:** Feb. 7

## **Study Trip -- Sacred Spaces: Islamic Association of Raleigh**

### **Activity Level 2**

The Islamic Center of Raleigh serves as a mosque (masjid in Arabic), school and a gathering place for the Muslim community in the area. Enjoy a presentation about the Islamic faith and the Muslim community with the opportunity to ask questions and tour the facilities.

**Note:** Wear modest, loose-fitting clothing with long pants, dresses or skirts. We will remove our shoes for a portion of the facility tour. Shoe coverings are available for those that need to keep shoes on. Lunch will be self-pay at the Al Maidah Café on site.

**Includes:** Transportation by NC State school bus, 90-minute presentation and tour

**Depart:** 9:45 am

**Return:** Approximately 1:00 pm to the McKimmon Center

**Course #:** MCE-LLI-4-099 **Instance #:** 000001 **One Session:** 9:45 a.m.-1:00 p.m. **Date:** Feb.21 **Limit:** 30

**Location:** 808 Atwater St, Raleigh, NC 27607 **Fee:** \$45 **Registration Deadline:** Feb. 14

## **Study Trip -- Inside Reynolds Coliseum**

### **Activity Level 2**

Join NC State legend Dr. Tom Stafford for a tour of the historic Reynolds Coliseum, one of the most iconic buildings on the campus. The renovated space includes the NC State Athletic Hall of Fame, Walk of Champions and Coaches Corner. **Participants will drive themselves to the location.**

**Two Identical Tours:** This study trip is being offered on Feb. 7 and Feb. 28, choose the one that best fits your schedule.

**Note:** Participants must be able to stand and walk for up to an hour.

**Includes:** Tour of facilities. **Participants will drive themselves to the location and can park in the Coliseum Parking Deck.**

**Meeting Time:** 10:45 a.m.

**End Time:** Approximately 12:30 pm

**Course #:** MCE-LLI-4-063 **Instance #:** 000003 **One Session:** 10:45 a.m.-12:30 p.m. **Date:** Feb. 28 **Limit:** 20

**Location:** Reynolds Coliseum **Fee:** \$40 **Registration Deadline:** Feb. 21

## **Study Trip -- Friday Favorites at the NC Symphony – Rachmaninoff**

### **Activity Level 1**

Enjoy a musical Friday afternoon with OLLI friends! Join us for Olga Kern's performance of Rachmaninoff's most celebrated concerto, Piano Concerto No. 2. Notable films including Billy Wilder's *The Seven Year Itch* and Noel Coward's *Brief Encounter* borrow themes from the concerto, which add to the composer's legacy.

**Note:** Lunch is not included in the program so eat a hearty breakfast and take along a snack to eat on the bus.

**No bags larger than 12" x 12" x 10" will be allowed.** Seating is assigned by OLLI staff.

**Includes:** Transportation by NC State school bus, ticket

**Depart:** McKimmon Center at 11:30 a.m.

**Return:** Approximately 1:15 p.m. to the McKimmon Center

**Course #:** MCE-LLI-4-097 **Instance #:** 000001 **One Session:** 11:30 a.m.-1:15 p.m. **Date:** March 7 **Limit:** 29

**Location:** Meymandi Concert Hall **Fee:** \$55 **Registration Deadline:** Feb. 28

## Study Trip -- A Glimpse of Raleigh

### Activity Level 2

Go on a guided tour of the newly renovated Capitol building, then explore the NC Freedom Park! Following a break for lunch on your own, we will visit a third surprise location. Discover parts of Raleigh's past, present and future on this springtime adventure.

**Note: Please wear comfortable walking shoes. Lunch will be on your own.**

**Includes:** Transportation by NC State school bus, guided tour of the Capitol building, visit to NC Freedom Park, plus a surprise destination!

**Depart:** 9:40 am

**Return:** Approximately 2:00 pm

**Course #:** MCE-LLI-4-102 **Instance #:** 000001 **One Session:** 9:45 a.m.- 2:00 p.m. **Date:** March 14 **Limit:** 25

**Location:** Downtown Raleigh **Fee:** \$45 **Registration Deadline:** March 7

## Study Trip -- Dorothea Dix Park Walking Tour

### Activity Level 3

**\*\* This study trip is not recommended for those utilizing mobility aids\*\***

This fast-paced three-mile walking tour of Dorothea Dix Park will cover the long, complex history from before Spring Hill Plantation to the new Cultural Interpretive Plan. View new additions and see how the 308-acre Dorothea Dix Park aims to be for everyone, built by everyone.

**Note:** Wear comfortable walking shoes and dress for the weather on the day. Take a beverage to keep you hydrated. The trip will proceed rain or shine. Public Restrooms will be available.

**Includes:** Transportation by NC State school bus, guided tour of park.

**Depart:** 9:45 a.m.

**Return:** Approximately 12:00 p.m. to the McKimmon Center

**Course #:** MCE-LLI-4-038 **Instance #:** 000002 **One Session:** 9:45 a.m.-12:00 p.m. **Date:** March 21 **Limit:** 29

**Location:** Dorothea Dix Park **Fee:** \$45 **Registration Deadline:** March 7

## Study Trip -- A Taste of Carrboro: Walking Food Tour

### Activity Level 3

**\*\* This study trip is not recommended for those utilizing mobility aids\*\***

Join Taste Carolina's expert guides as OLLI explores Carrboro through a foodie's lens, where traditional and modern farm-to-table cuisine come to life. Sample ample tastings of innovative dishes all sourced from local farms. This tour will last approximately two and a half hours. The destinations will be a surprise to all, but tasty food is guaranteed!

**Two Identical Tours:** This study trip is being offered on Thursday, March 27 and Friday, March 28, choose the one that best fits your schedule.

**Note:** Tour runs rain or shine - please dress for the weather and wear comfortable shoes. If you have food allergies, please indicate the specifics when registering. This information will be shared with Taste Carolina as they plan our walking tour to ensure that all participants will be able to enjoy the tastings. However, they cannot accommodate a Keto diet at this time.

**Includes:** Food and drink tastings at three to four dining establishments, transportation by NC State school bus, tour admission

**Depart:** 12:15 p.m

**Return:** Approximately 4:30 p.m. to the McKimmon Center



**Course #:** MCE-LLI-4-100 **Instance #:** 000002 **One Session:** 12:15 p.m.-4:30 p.m. **Date:** March 28 **Limit:** 16  
**Location:** Downtown Carrboro/Chapel Hill **Fee:** \$125 **Registration Deadline:** March 21

## EXPERIENTIAL LEARNING

### Wednesday

#### Tarot Art and History with Bad Art Company

##### Activity Level 1

*Facilitator:* Shady Kimzey

Dive into the deep and rich history of tarot and the art of cards. Learn about the history of tarot, oracle, and playing cards, including the artists who created them, the traditions that influence them, and how they are used today. Practice reading and discussing cards in small groups and create art inspired by the cards. This class is for beginners of all skill levels. All supplies will be provided.

**Facilitator:** *Shady Kimzey*; founder and facilitator of Bad Art Company; independent artist and creative entrepreneur with over 10 years' experience in teaching and facilitating; works with nonprofits, government agencies, business and higher education institutes, such as Duke University, UNC-Chapel Hill, Orange County Arts Commission and the City of Raleigh; their work is intuitive and influenced by women surrealists, pop culture, and the future.

**Course #:** MCE-LLI-4-095 **Instance #:** 000001 **One Session:** 1-4:00 p.m. **Date:** March 12 **Limit:** 20

**Location:** McKimmon Room 13 **Fee:** \$50 **Registration Deadline:** March 7

### THURSDAY

#### Watercolor Painting at Pullen Arts Center: Painting a Sunflower

##### Activity Level 1

*Facilitator:* Rick Bennett

In this workshop you will learn the basic skills of watercolor painting that create glowing colors and pretty neutrals. You will gain brush skills to move the pigment, create gradients and texture. The class will paint a sunflower to learn how light creates depth in a painting. Paper, paints, palette, and brushes will be provided for use during class.

**Note:** There are **two identical sections** of this course (Feb. 20 and April 17), choose the one that best fits your schedule.

**Facilitator:** *Rick Bennett*; for 14 years Rick has taught watercolor to people from teens to seniors, beginners to advanced skills; he grew up in eastern N.C. and moved to Raleigh in 1982; Rick is frequently found working in the garden or tending his city chickens, which are sometimes a subject of his paintings.

**Note:** Meet at the Pullen Arts Center. Free parking is available onsite. Please arrive in clothing that can get dirty.

**Course #:** MCE-LLI-4-093 **Instance #:** 000001 **One Session:** 1-3:00 p.m. **Date:** Feb. 20 **Limit:** 12 **Location:**

Pullen Arts Center | 105 Pullen Road Raleigh, NC 27607 **Fee:** \$45 **Registration Deadline:** Feb. 15

## **Astronomy Night at Wilkerson Nature Preserve**

### **Activity Level 2**

*Facilitator:* Bryan England

OLLI members will meet at sunset for an introductory presentation about astronomy, followed by outdoor observation using a telescope. At this time in March, you can expect to see Jupiter, Mars, Venus, the Moon, and many winter constellations (including Orion). Outdoor observation is weather permitting, indoor interactive experiences explaining fundamental principles of astronomy will be incorporated into the program.

*Facilitator:* Bryan England; Preserve Manager

**Note:** Participants should bring a flashlight to aid in walking to their cars after the event. Meet at the AWL Education Center, which has indoor restrooms, water fountains and furnished classroom spaces. The building is fully ADA accessible. Parking is available at the Park Office building, 100 yards away from the AWL Education Center. The walk from the parking lot to the education center is on a paved driveway. There are a limited number of handicapped parking spots adjacent to the education center.

**Course #:** MCE-LLI-4-058 **Instance #:** 000002 **One Session:** 6:30-8:00 p.m. **Date:** March 6 **Limit:** 20

**Location:** 5229 AWLS Haven Drive Raleigh, NC 27614 **Fee:** \$15 **Registration Deadline:** March 1

## **Handbuilding Pottery at Pullen Arts Center: Create a Bowl or Flower Pot from Clay**

### **Activity Level 1**

*Facilitator:* Patty Merrell

In this workshop, you will be guided through the process of shaping coils and using stamps, clay cutters, and molds to design a one-of-a-kind pot. You will explore techniques for building, texturing, and finishing your piece, resulting in a personalized bowl or flower pot that reflects your creativity and style.

*Facilitator:* Patty Merrell; pottery studio coordinator at Sertoma Arts Center; she instructs pottery classes for kids and adults at Pullen and Sertoma Arts Centers; in her work, Patty employs the exuberant use of architectural elements to invoke an impression of a bygone and more elegant era.

**Note:** Meet at the Pullen Arts Center's ceramic studio, located on the lower level and handicapped accessible. Free parking is available onsite. Works will be fired by Pullen staff and you will be able to pick them up at the McKimmon Center two weeks after the class. Participants may sit or stand during the workshop. Please arrive without hand and wrist jewelry, and in clothing that can get dirty.

**Course #:** MCE-LLI-4-094 **Instance #:** 000001 **One Session:** 1-3:00 p.m. **Date:** March 20 **Limit:** 12

**Location:** Pullen Arts Center | 105 Pullen Road, Raleigh **Fee:** \$45 **Registration Deadline:** March 15

## **Forest Bathing at the JC Raulston Arboretum**

### **Activity Level 2**

*Facilitator:* Shawn Ramsey

Take a break from the daily stresses of work and life! Forest Bathing (aka Forest Therapy or Shinrin-yoku) is a science-backed wellness practice that originated in Japan more than 40 years ago. Some of the proven benefits include reduced stress, improved mood, lower blood pressure, and a boosted immune system. Led by certified Forest Therapy Guide Shawn Ramsey, this 2-hour guided, immersive Forest Bathing Experience encourages you to slow your pace, awaken your senses to the present moment, and experience a new way of being in nature.

*Facilitator:* Shawn Ramsey; certified Forest Therapy Guide committed to facilitating experiences that open the senses through a series of nature-connected invitations; her unique approach draws from her training in forest therapy, mindfulness, and Positive Psychology coaching; she believes that nature is the perfect catalyst for



stress management, growth and exploration; and a powerful ally when it comes to supporting our physical and emotional well-being.

**Course #:** MCE-LLI-4-096 **Instance #:** 000001 **One Session:** 1:30-3:30 p.m. **Date:** March 27 **Limit:** 20

**Location:** JC Raulston Arboretum | 4415 Beryl Rd, Raleigh 27606 **Fee:** \$50 **Registration Deadline:** March 22

### **Watercolor Painting at Pullen Arts Center: Painting a Sunflower**

#### **Activity Level 1**

*Facilitator:* Rick Bennett

In this workshop you will learn the basic skills of watercolor painting that create glowing colors and pretty neutrals. You will gain brush skills to move the pigment, create gradients and texture. The class will paint a sunflower to learn how light creates depth in a painting. Paper, paints, palette, and brushes will be provided for use during class.

**Note:** There are **two identical sections** of this course (Feb. 20 and April 17), choose the one that best fits your schedule.

**Facilitator:** *Rick Bennett*; for 14 years Rick has taught watercolor to people from teens to seniors, beginners to advanced skills; he grew up in eastern N.C. and moved to Raleigh in 1982; Rick is frequently found working in the garden or tending his city chickens, which are sometimes a subject of his paintings.

**Note:** Meet at the Pullen Arts Center. Free parking is available onsite. Please arrive in clothing that can get dirty.

**Course #:** MCE-LLI-4-093 **Instance #:** 000002 **One Session:** 1-3:00 p.m. **Date:** April 17 **Limit:** 12 **Location:** Pullen Arts Center | 105 Pullen Road Raleigh, NC 27607 **Fee:** \$45 **Registration Deadline:** April 12

## **FIRST TERM MULTI-WEEK CLASSES**

### **MONDAY**

#### **Napoleonic Wars Part III**

*Instructor:* Dave Milidonis

Join us for part III of our continuing series on the Napoleonic Wars. The battles of the 4<sup>th</sup> Coalition took place between 1806 and 1807 and were increased by the Peninsular War from 1808 to 1813. We will follow Emperor Napoleon as he battles in Germany, Prussia and Poland. Once again the French Grande Armée proved to be an unstoppable juggernaut. The Peninsular War pitted the British Army, allied with Spanish guerillas, in what can only be described as an ugly war against France. Taking place for six bloody years in Portugal and Spain, it was in this theater that Arthur Wellesley, 1<sup>st</sup> Duke of Wellington, rose to the pinnacle of the British military establishment. He would become a thorn in Napoleon's side.

**Note:** There are two identical sections of this course, one in the first term and one in the second; choose the one that best fits your schedule. See page 30 for second term dates.

**Instructor:** *Dave Milidonis*; founder and managing director of the non-profit organization, the National Veterans History Archival Institute (NVHAI); 1974 graduate, U.S. Military Academy, West Point; 20 years U.S. Army infantry experience; veteran OLLI instructor and 2019 recipient of the William C. Friday Award for Distinguished Service in Retirement, given by NC State's Association of Retired Faculty.

**Course #:** MCE-LLI-1-242 **Instance #:** 000001 **Six Sessions:** 9-10:30 a.m. **Dates:** Jan. 13, 27, Feb. 3, 10, 17, 24 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Jan. 11

## Via Zoom -- Historic Cities of the Islamic World

*Instructor:* Theodora Zampaki

This course aims at presenting the emergence and development of the Islamic city as well as the influences that shaped it. We present some examples of pre-modern cities from the Iberian Peninsula in the west to Central Asia and north India in the east. We investigate aspects and the way in which cities established and evolved in the early Islamic period in terms of both physical transformation and the production of a Muslim urban imaginary. We explore the role the central power and regional states played in urban planning, building and other developments and how particular dynasties founded and shaped cities as spaces to fulfill various social, political, religious and cultural functions. We discuss the influential role played by specific institutions in urban life, and whether the religion of Islam affected the understanding of that role. ***The course is offered in partnership with OLLI at Furman.***

**Instructor:** *Theodora Zampaki*; D.Phil., Graeco-Arabic Studies; tutor at the Hellenic Open University, Greece; she has been offering courses for OLLI at Furman since 2021.

**Course #:** MCE-LLI-1Z-264 **Instance #:** 000001 **Seven Sessions:** 9-10:30 a.m. **Dates:** Jan. 27, Feb. 3, 10, 17, 24, Mar. 3, 10 **Limit:** 50 **Location:** Zoom **Fee:** \$75 **Registration Deadline:** Jan. 23

## One Home, Two People: Israel and Palestine

*Instructor:* Roland Menestres

October 7, 2023 was a brutal wake-up call for optimists who believe Palestinians and Israelis can live together and form the basis for the strongest Middle Eastern economic powerhouse. How did both people get to such a painful state of affairs? We will go back through the last 150 years of their common history to find our answers.

**Recommended Reading (Optional):** *Once Upon a Country-A Palestinian Life*, Sari Nusseibeh; *Enemies and Neighbors*, Ian Black; *1948*, Benny Morris; *The Question of Palestine*, Edward Said

**Instructor:** *Roland Menestres*; B.A., French Languages and Literature, NC State; retired high school teacher; license in English as a Second Language; OLLI member and veteran OLLI instructor.

**Course #:** MCE-LLI-1-214 **Instance #:** 000002 **Six Sessions:** 11 a.m.-12:30 p.m. **Dates:** Jan. 13, 27, Feb. 3, 10, 17, 24 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Jan. 11

## Great Decisions 2025

*Instructor:* Tom Price (Instance 000008) or Mike Ganey (Instance 000009)

This discussion course will cover a different international or foreign policy topic each week. Participants will read a chapter in the Foreign Policy Association's non-partisan briefing book and then come to class prepared to discuss the different sides of the issue. The facilitator will spur discussion along.

The topics (discussed in the order listed):

- American Foreign Policy at a Crossroads
- U.S. Changing Leadership of the World Economy
- U.S.-China Relations
- India: Between China, the West, and the Global South
- International Cooperation on Climate Change
- The Future of NATO and European Security
- AI and American National Security
- American Foreign Policy in the Middle East: Taking Stock and Looking Ahead

**Required Reading:** The OLLI office will purchase a copy of the *Great Decisions 2025* Briefing Book for each participant. The cost of this course includes the eight classroom sessions plus the book. Participants will be notified when the books have arrived in the office and are ready for pickup.

**NOTE:** There are two different sections, instances, and facilitators for this course. Choose the instance that best fits your schedule, and check listings for facilitator information.

**Facilitator for Instance 000008** on First Term **Mondays at 11:00am:** Tom Price

**Facilitator for Instance 000009** on First Term **Mondays at 1:00pm:** Mike Ganey

**Instructor:** *Tom Price*; BSEE and MBA, Duke University; retired entrepreneur and investor; OLLI member; recipient of OLLI volunteer award, 2011; veteran OLLI instructor.

**Course #:** MCE-LLI-1-080 **Instance #:** 000008 **Eight Sessions:** 11 a.m.-12:30 p.m. **Dates:** Jan. 13, 27, Feb. 3, 10, 17, 24, Mar. 3, 10 **Limit:** 23 **Location:** McKimmon Room 13 **Fee:** \$100 **Registration Deadline:** Jan. 11

**Instructor:** *Michael Ganey*; B.S., History; MBA, Darden School of Business, University of Virginia; 40 years in consumer products marketing; OLLI member; keen interest in current affairs, both domestic and international. Senior marketing roles with Anheuser-Busch, Bahlsen, Austin Quality Foods, The American Kennel Club, and House-Autry Mills.

**Course #:** MCE-LLI-1-080 **Instance #:** 000009 **Eight Sessions:** 1-2:30 p.m. **Dates:** Jan. 13, 27, Feb. 3, 10, 17, 24, Mar. 3, 10 **Limit:** 23 **Location:** McKimmon Room 13 **Fee:** \$100 **Registration Deadline:** Jan. 11

### **Umstead State Park: History, Families, Assets, Threats**

*Instructor:* Jean Spooner

William B. Umstead State Park turned 90 in 2024! This forested oasis of almost 6,000 acres is nestled between Raleigh and Durham. This course will explore the history of the park including the Cedar Fork community that once lived there. We will learn why this location was chosen for a state park, and who created the group camps, mess halls and picnic shelters—it was not the state of North Carolina. What are the major assets of our park, and what threats has it overcome and has yet to resolve? This course will enlighten you on our beloved park's fascinating history and add to your appreciation of this extraordinary and unique feature of our community.

**Instructor:** *Jean Spooner*; Professor Emerita, Biological & Agricultural Engineering, N.C. State holds a M.S. and Ph.D. in Soil Science from N.C. State, a M.S. in Statistics from Utah State University, and a B.S. in Agronomy from Cornell University; her professional expertise is evaluating watershed management for improvement and protection of water quality; as Chair of the Umstead Coalition, Friends Group for William B. Umstead State Park, she promotes service and protection of our park.

**Course #:** MCE-LLI-1-244 **Instance #:** 000001 **Five Sessions:** 1-2:30 p.m. **Dates:** Jan. 13, 27, Feb. 3, 10, 17 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Jan. 11

### **Via Zoom -- Human Geography**

*Instructor:* Alex Fagan

This course examines global spatial patterns related to demography, culture, and economic development. Departing from traditional geographic discussions centered on landforms, we'll direct our attention towards the interplay of human systems. You'll gain an understanding of why the world population will never reach 12 billion, why sub-Saharan Africa struggles economically, why the English language is so globally dominant, and more. ***This course is offered in partnership with OLLI at Furman.***

**Instructor:** *Alex Fagan*; while majoring in Secondary Education at Clemson, Alex Fagan also received a minor in Geography; he taught AP Human Geography at Greenville High School for 9 years; currently Furman OLLI's Program Coordinator for Curriculum.

**Course #:** MCE-LLI-1Z-263 **Instance #:** 000001 **Four Sessions:** 1:30-3:00 p.m. **Dates:** Jan. 13, 27, Feb. 10, 17 **Limit:** 50 **Location:** Zoom **Fee:** \$40 **Registration Deadline:** Jan. 9

## Via Zoom -- Broadway in the Eighties

*Instructor:* Cary Frederick

The 1980s saw the emergence of long-running “mega-musicals”, including *Cats* (1983), *Les Miserables* (1987) and *The Phantom of the Opera* (1988). In addition to *The Phantom* and *Cats*, Andrew Lloyd Webber had four other musicals open in the '80s, *Evita* and *Starlight Express* among them. Neil Simon exceeded his 1970s output and opened six plays on Broadway in the decade, including the Brighton Beach trilogy. The class will touch on trends and include memorable plays (*Amadeus*, *M. Butterfly*, *Fences*) and musicals in addition to those mentioned: *42nd Street*, *Sugar Babies* (with Mickey Rooney and Ann Miller), and *Me and My Girl*. **This course is offered in partnership with OLLI at UMass Boston.**

**Instructor:** *Cary Frederick*; B.A. in English and a master's degree in Library Science from Indiana University; studied and taught film at College of Staten Island; stayed in NYC and continued to study film in the repertory movie houses of New York for 13 years and the Museum of Modern Art and the New School for the Arts.

**Course #:** MCE-LLI-1Z-266 **Instance #:** 000001 **Six Sessions:** 1-3:00 p.m. **Dates:** Jan. 27, Feb. 3, 10, 17, 24, Mar. 3 **Limit:** 100 **Location:** Zoom **Fee:** \$65 **Registration Deadline:** Jan. 23

## Great Books Discussion Group: Utopian and Dystopian Visions

*Instructor:* John Pilgrim

What is an “ideal society”? Is it possible, and if so what would it look like? How might it develop and would it be sustainable? We'll examine a selection of writings to discover what each is saying, how to interpret it, and then how we evaluate it. This course is structured using the "shared inquiry" method, where a trained leader asks questions to help participants interpret the text through critical thinking and discussion.

**Required Reading:** Our text for the year is *Imperfect Ideal: Utopian and Dystopian Visions*, available from the Great Books Foundation Bookstore <https://store.greatbooks.org/> for \$24.95. Students are expected to read each selection and participate actively in the conversation.

Our schedule will be:

- January 27: Le Guin, *The Ones Who Walk Away from Omelas*
- February 10: Dostoevsky, *The Dream of a Ridiculous Man*
- February 24: Nozick, *A Framework for Utopia*
- March 10: Herzl, *The Jewish State*
- March 24: Wilde, *The Soul of Man Under Socialism*
- April 7: Saunders, *Jon*

**Instructor:** *John Pilgrim*; Ph.D., Economics, Vanderbilt University; B.A., Economics, Grinnell College; professor of economics for 35 years, now retired; has taught various economics-related OLLI courses; facilitates the OLLI Great Books discussion course; veteran OLLI instructor.

**Course #:** MCE-LLI-1-077 **Instance #:** 000004 **Six Sessions:** 3-4:30 p.m. **Dates:** Jan. 27, Feb. 10, 24, Mar. 10, 24, Apr. 7 **Limit:** 23 **Location:** McKimmon Room 13 **Fee:** \$55 **Registration Deadline:** Jan. 25

## TUESDAY

### Understanding the North American Power System

*Instructor:* John Gajda

Since Thomas Edison gave us electric service to our door in 1882, we haven't needed or wanted to “look under the hood” of this complex system. In recent decades, many have started to care about what's really happening with the power grid. This course seeks to delve deeply into the North American power system and will take participants through the history of the grid, how it has developed, and where things stand today. We will

explore the salient topics of how we generate, deliver, and use power today, and what options we have—and do not have—for the future.

**Recommended Reading (Optional):** *Living on the Grid: The Fundamentals of the North American Electric Grids in Simple Language*, William L. Thompson

**Instructor:** *John Gajda*; holds a B.S. degree in Electrical Engineering from the University of Arkansas, and a M.S. degree in Electrical Engineering from North Carolina State University; John has worked extensively across the energy & electric utility industry since the late 1980s; his roles have spanned electric utilities, consulting firms, regulatory agencies, and renewable energy; he is a licensed professional engineer in the states of North Carolina, South Carolina, Virginia, Tennessee, Alabama, and Texas.

**Course #:** MCE-LLI-2-152 **Instance #:** 000001 **Three Sessions:** 9-10:30 a.m. **Dates:** Feb. 4, 11, 18 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$40 **Registration Deadline:** Feb. 2

### **The French Revolution**

*Instructor:* Steven Vincent

The French Revolution was a tumultuous period of political and societal change, a major turning point in France's history. This course will examine the many factors that lead up to it and the phases of the turmoil from 1789-1799. We will look at the way the French Revolution changed Europe and its effect on the rest of the world, and offer some contemporary assessments of this important historical event.

**Recommended Reading (Optional):** *A Short History of the French Revolution*, Jeremy Popkin; *Contesting the French Revolution*, Paul R. Hanson

**Instructor:** *K. Steven Vincent*; Ph.D., UC Berkeley (1981); Professor of History, NC State, specializing in modern European intellectual history and French social and political history.

**Course #:** MCE-LLI-2-141 **Instance #:** 000001 **Three Sessions:** 11 a.m.-12:30 p.m. **Dates:** Jan. 14, 21, 28 **Limit:** 49 **Location:** McKimmon Room 11/12 **Fee:** \$40 **Registration Deadline:** Jan. 12

### **Wordsworth's Ecological Imagination**

*Instructor:* Judith Page

This course will focus on British Romantic poet William Wordsworth (1770-1850) and the Romantic movement as anticipating many of the ecological concerns and values of the 21<sup>st</sup> century: a recognition of the interconnectedness of all life, a reverence for nature as "a thing itself," as well as an understanding of its symbolic and representational value, an understanding that nature and culture are intertwined and a critique of industrial capitalism and urbanization. Wordsworth understood the crisis of his historical moment and embraced a growing awareness that the plentitude of nature is not infinite and that humans are responsible for the non-human world.

**Required Reading:** *William Wordsworth: Selected Poems* (Penguin Classics), ed. Stephen Gill.

**Instructor:** *Judith W. Page*; Professor Emerita and Distinguished Teaching Scholar, University of Florida; a native of New Orleans and a new resident of Raleigh, she has a B.A. in English from Newcomb College of Tulane University and a Ph.D. in Language and Literature from the University of Chicago; she is the author or editor of numerous books and articles on Romanticism, women writers, and, most recently, on gardens and the natural world in literature and culture.

**Course #:** MCE-LLI-1-246 **Instance #:** 000001 **Six Sessions:** 11 a.m.-12:30 p.m. **Dates:** Jan. 14, 21, 28, Feb. 4, 11, 18 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$55 **Registration Deadline:** Jan. 12

## Via Zoom -- Exploring Ron Rash's *Serena*

*Instructor:* Marjorie Lancaster

Set in western North Carolina in the early 1930s, Ron Rash's novel *Serena* (2008) can be appreciated on many levels. Its compelling plot, memorable characters, and vivid writing contribute to the novel's richness, as does Rash's use of Southern Gothic elements, echoes of Greek and Shakespearean tragedy, and intermingling of fictional and real people. The novel's environmental concerns involving the establishment of the Great Smoky Mountains National Park add to the novel's tension and have a contemporary resonance. Our discussion-based class will explore 60 pages a week and consider both the artistic decisions Rash makes and the many ethical issues this novel raises.

**Required Reading:** *Serena*, Ron Rash

**Instructor:** *Marjorie Lancaster*, having spent much of her life as both a student and a teacher, Marjorie Lancaster has an undergraduate degree from Duke and a graduate degree from Tulane University; since 2015, she has taught several literature courses at OLLI; she believes that a good class is fueled by the participants' curiosity, a guided scrutiny of the texts, and inclusive participation that brings out the many facets of the artistic work.

**Course #:** MCE-LLI-1Z-245 **Instance #:** 000001 **Six Sessions:** 11 a.m.-12:30 p.m. **Dates:** Jan. 14, 21, 28, Feb. 4, 11, 18 **Limit:** 13 **Location:** Zoom **Fee:** \$55 **Registration Deadline:** Jan. 9

## More Confessions of a Retired Art Museum Curator

*Instructor:* John Coffey

Back by popular demand, John Coffey returns with more stories from his long career as a curator and deputy director at the North Carolina Museum of Art. He will present in-depth backstories of some of his most important acquisitions of American and modern art, as well as an exhibition he conceived and organized that "rediscovered" the South's most distinguished painter of the 19<sup>th</sup>-century. One class will focus on the NCMA's Judaic Art Gallery and its decades-long development into a collection of international renown. Over the course of three sessions, Mr. Coffey will discuss such topics as how a curator shapes a museum's art collection and what is involved in mounting a major art exhibition.

**Instructor:** *John Coffey*, a native of Raleigh, Mr. Coffey received a B.A. from UNC-Chapel Hill and an M.A. from Williams College; he served as curator of collections at the Bowdoin College Museum of Art until 1989 when he began a 32-year career at the North Carolina Museum of Art, retiring in 2021 as Deputy Director, Curator of American and Modern Art, and Curator of Judaic Art; during his tenure at the NCMA, Coffey organized numerous exhibitions; however, his most enduring legacy is collection building; his many art acquisitions have dramatically enhanced the Museum's presentation of American, modern and Jewish ceremonial art.

**Course #:** MCE-LLI-2-146 **Instance #:** 000001 **Three Sessions:** 11 a.m.-12:30 p.m. **Dates:** Feb. 4, 11, 18 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$40 **Registration Deadline:** Feb. 2

## Benjamin Franklin: Press Baron

*Instructor:* Frank Fee

From a sassy 1720s column of cultural critique and commentary written anonymously in his teens to almanacs and newspapers, Benjamin Franklin never strayed far from the press. This course gets behind the many print ventures Franklin undertook that in turn led to newspaper networks that were instrumental in efforts to knit colonists to create the Revolution. We'll explore that press network and how it led Franklin into politics, international diplomacy, and a significant role in building the colonial and young republic's mail and transportation systems.



**Instructor:** *Frank Fee*; Ph.D., UNC-Chapel Hill; M.A., State University of New York at Brockport; B.S., Cornell University; retired associate professor in the School of Journalism and Mass Communication at UNC-Chapel Hill, where he taught graduate and undergraduate media history courses; prior to entering the academy full time, he was an editor and reporter in daily newspapers for nearly 35 years and taught journalism part-time at the college level for more than 10 years; research interests include journalism history, with a focus on antebellum U.S. newspapers and the journalism of Frederick Douglass, newsroom management, trends in American journalism, and news accuracy.

**Course #:** MCE-LLI-1-270 **Instance #:** 000001 **Six Sessions:** 1-2:30 p.m. **Dates:** Jan. 14, 21, 28, Feb. 4, 11, 18 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Jan. 12

## **Emotional Intelligence**

*Instructor:* Alita Bluford

Participants in this course will be exposed to concepts to help them understand the connection between emotional intelligence and relationship development. Poor communicators often have low emotional intelligence; even though they may be very intelligent. Intelligence quotients are mostly stable throughout one's lifespan, but emotional intelligence is something that can be learned. Several aspects of emotional intelligence will be identified and discussed. Students will have an opportunity to further develop skills in the areas of self-awareness, self-regulation, social awareness, motivation and empathy.

**Recommended Reading (Optional):** *Emotional Intelligence 2.0*, Travis Bradberry and Jean Greaves

**Instructor:** *Alita Bluford*; B.S, Univ. of Michigan; M.S., Eastern Michigan Univ.; born and raised in Detroit; OLLI at Duke member and instructor, former member of OLLI at the University of Michigan; adult learning specialist with a passion to teach adults in ways that make learning easier for them; throughout her professional life she has focused on educating adults in difficult situations; has worked in several corporations as a training manager, and ran her own consulting firm that assisted small businesses in teaching their employees how to get along better and work more efficiently.

**Course #:** MCE-LLI-2-036 **Instance #:** 000002 **Three Sessions:** 1-2:30 p.m. **Dates:** Jan. 21, 28, Feb. 4 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Jan. 19

## **Tips for Using Gmail Effectively**

*Instructor:* Tina Certo

This course will help an existing Gmail user become more familiar with the effective use of this cloud email application. Basic email etiquette concepts will be covered, along with navigating through the "settings" menus of the tool. How Gmail integrates with Contacts and other Google tools will be introduced. It is highly recommended that registrants already have a Gmail account.

**Instructor:** *Tina Certo*; B.A. Communications, Fordham University; MLS UNC-Chapel Hill; retired Project Manager, Technical Business Analyst and Integrative Health Coach; OLLI member since 2014; coordinates OLLI's Psychology, Philosophy, Religion and Lifestyle, General, Health subcommittees; serves on the Program Development Committee and Advisory Council and Mah Jongg Special Interest Group; 2022 recipient of OLLI's Volunteer of the Year Award; originally from N.Y. she has enjoyed living in N.C. since 1974.

**Course #:** MCE-LLI-2-147 **Instance #:** 000001 **Two Sessions:** 1-2:30 p.m. **Dates:** Feb. 11, 18 **Limit:** 19 **Location:** McKimmon Room 13 **Fee:** \$30 **Registration Deadline:** Feb. 9

## Choosing a CCRC: Make Your First Choice the Right Choice

*Instructors:* Brad Breeding, Beth Holden, Emily Smith, Whitney Harris, Allie Ligay, Robert Ware, Debra Ruff, Betsy Sykes

This course will equip attendees with the information and knowledge to more confidently navigate their retirement living choices. We'll cover the various retirement living options, including an in-depth overview of continuing care retirement communities, as well as financial considerations and other important questions to ask. Representatives from local CCRCs will provide discussion of the various contract types and answer any questions you have specific to their community.

**Note:** The final session of this course on Feb. 25 will be offered only on Zoom. A link will be sent to you four days before the session.

CCRC Schedule:

- Jan. 14, 21: Instructor Brad Breeding
- Jan. 28: MODIFIED: Springmoor Retirement Community and Glenaire Retirement Community
- Feb. 4: FEE FOR SERVICE: The Oaks at Whitaker Glen and Carolina Meadows
- Feb. 11: EXTENSIVE: Searstone Retirement Community and Galloway Ridge
- Feb. 18: RENTAL: The Templeton of Cary and The Cardinal at North Hills
- Feb. 25: **Via Zoom** - Retirement Living Associates

**Instructor:** *Brad Breeding*; spent 12 years as a personal financial advisor before founding myLifeSite.net, an online platform providing tools and content designed to facilitate well-informed retirement living choices—especially concerning CCRC/life plan retirement communities and other senior living options; Brad's expertise has been sought out by outlets such as *Money Magazine*, *Kiplinger's*, *Wall Street Journal's MarketWatch*, *USA Today*, and *The New York Times*. His book *What's the Deal with Retirement Communities?* offers an exploration of senior living and important planning considerations.

**Instructor:** *Beth Holden*; Director of Sales and Marketing, Springmoor Retirement Community

**Instructor:** *Emily Smith*; Director of Sales and Marketing, Glenaire Retirement Community

**Instructor:** *Whitney Harris*; Manager of Community Sales, Carolina Meadows

**Instructor:** *Allie Ligay*; Sales and Marketing Directors, Searstone Retirement Community

**Instructor:** *Robert Ware*; Director of Sales, Galloway Ridge

**Instructor:** *Debra Ruff*; Director of Sales, The Templeton of Cary

**Instructor:** *Betsy Sykes*; Senior Membership Director, The Cardinal at North Hills

**Course #:** MCE-LLI-1-186 **Instance #:** 000002 **Seven Sessions:** 3-4:30 p.m. **Dates:** Jan. 14, 21, 28, Feb. 4, 11, 18, 25 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Jan. 12

## Striving for Equality: Women in the United States

*Instructor:* Angela Robbins

This course examines the historical status of women in the United States from the ratification of the 19<sup>th</sup> Amendment in 1920 to the Dobbs decision in 2022. We will center the ideas and activism of organizations and individuals who challenged gender discrimination, the “waves” of feminism, and continuing gender gaps in employment, wages, and political and corporate leadership. For example, we'll discuss the complicated legacy of legislative victories such as the Equal Pay Act of 1963 and the subsequent Lilly Ledbetter Fair Pay Act in 2009, as well as the conditions which continue to prevent pay equity for women.

**Instructor:** *Angela Robbins*; Ph.D., U.S. History, UNC-Greensboro, minor in Atlantic World Studies; Associate Professor, Meredith College; she specializes in women's history and social movements in the 19<sup>th</sup> and 20<sup>th</sup> century.

**Course #:** MCE-LLI-1-247 **Instance #:** 000001 **Six Sessions:** 3-4:30 p.m. **Dates:** Jan. 14, 21, 28, Feb. 4, 11, 18 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$55 **Registration Deadline:** Jan. 12

## WEDNESDAY

### Via Zoom -- Jamestown, Virginia: The Colony That Almost Failed

*Instructor:* Beverly Dowdy

From 1526 through 1607, eleven European colonies in North America failed. Jamestown, Virginia nearly failed at least five times. If it had, the United States as we know it would not exist. This course will focus on the forces that drove England to attempt colonization in the New World and the pressures that both the English and native Americans were under as Jamestown was settled. We will examine how various English narratives differed from the Native American narrative about what happened, including the tale of Pocahontas and Captain John Smith. We will look at how tobacco and the labor required to grow and export it on a commercial scale set the stage for the indentured servitude of approximately 70,000 of the English poor and the eventual shift to enslaved labor from Africa. ***This course is offered in partnership with OLLI at UNCW.***

**Recommended Reading (Optional):** *The Jamestown Project*, Karen Kupperman; *A Land as God Made It*, James Horn

**Instructor:** *Beverly Dowdy*; B.S., Appalachian State University; MLIS, University of Oklahoma; M.A., Liberal Studies, Duke University; Master's Thesis awarded Exemplary Designation entitled "Robinson Crusoe as Promotion Literature: the Reality of English Settlement in the Chesapeake, 1624-1680"; Department Head in Duke University Libraries, 2008-2020.

**Course #:** MCE-LLI-1Z-249 **Instance #:** 000001 **Five Sessions:** 9-10:30 a.m. **Dates:** Jan. 15, 22, 29, Feb. 5, 12 **Limit:** 50 **Location:** Zoom **Fee:** \$55 **Registration Deadline:** Jan. 9

### Via Zoom -- Yoga: East and West

*Instructor:* Beverley McGuire

This course will examine the philosophy and practice of yoga from its inception in India to its global variations in the present day. How do contemporary forms of yoga connect to premodern forms of yoga developed in India? What are the similarities and differences between yoga traditions? We will explore early yoga traditions as well as the development of modern postural yoga in India and the West. We will trace the history of yoga from ancient texts like the Yoga Sutra to modern practices developed by innovators such as Bikram and Iyengar. ***This course is offered in partnership with OLLI at UNCW.***

**Instructor:** *Beverley McGuire*; B.A., Comparative Literature and minor in Religious Studies from Stanford University, M.Div., Harvard Divinity School; Ph.D. in East Asian Languages and Cultures from Harvard University; she has been teaching at UNCW since 2010, and her courses include Asian Religions, Buddhism, Chinese and Japanese Religions, Religious Views of Death and Dying, and Philosophical and Religious Perspectives on Happiness; he is also a certified mindfulness teacher and certified yoga instructor.

**Course #:** MCE-LLI-2Z-163 **Instance #:** 000001 **Four Sessions:** 10-11:30 a.m. **Dates:** Feb. 5, 12, 19, 26 **Limit:** 50 **Location:** Zoom **Fee:** \$40 **Registration Deadline:** Jan. 30

### The 1920s

*Instructor:* Carolyn Happer

The years between the end of WWI (Nov. 11, 1918) and the Great Crash (Oct. 29, 1929) were a time of change, turbulence, and enthusiasms. The radio and "talkies," home appliances, short skirts and short hair, jazz, sexual liberation, and, above all, the Model T and Model A Ford were radically altering daily life. In

addition to the uncertainties that accompanied change, it was a decade beset with problems: the Red Scare, racial strife, labor strikes, nativism, a new KKK, political scandals, Prohibition, the Wall Street Crash of 1929, and an introduction to the culture wars to come. But despite the problems and uncertainties, it was a time of enthusiasm for sports (Babe Ruth), celebrities (Charles Lindbergh), and fads (flagpole sitting). It was a decade that seems both familiar and relevant.

**Instructor:** *Carolyn Happer*; received her Ph.D. from Duke University; she was at Meredith College for 30 years where she taught Southern history, American history, Western Civilization and Holocaust Experiences.

**Course #:** MCE-LLI-1-114 **Instance #:** 000002 **Six Sessions:** 11-12:30 p.m. **Dates:** Jan. 15, 22, 29, Feb. 5, 12, 19 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Jan. 13

### **Film and History: The 1920s - 1960s**

*Instructor:* Lucy Fischer

This course will consider American films from the 1920s to the 1960s that profit from being viewed within an historical framework. Two of the works will relate to World War I and World War II. Others will consider the role of the “flapper” in the 1920s, the state of Hollywood in the 1950s, and the tensions around race in the 1960s. All films will be streamed by students prior to class using common streaming services (no subscriptions required) and examined on the date indicated on the syllabus. Classes will involve a lecture accompanied by visual aids, as well as discussion. In addition to issues of history, films will be analyzed aesthetically.

**Note:** Films will be assigned to stream prior to class.

**Instructor:** *Lucy Fischer*; Distinguished Professor, Emerita, of Film and Media Studies at the University of Pittsburgh; she is the author of fifteen books, most recently, *Cinema by Design: Art Nouveau, Modernism, and Film History* (2017), *Cinemagritte: René Magritte Within the Frame of Film History, Theory and Practice* (2019) *Emotion Pictures: Cinema and Feelings* (2023), *Recollecting Collecting: Film and Media Perspectives* (2023); she has held curatorial positions at The Museum of Modern Art (NYC) and The Carnegie Museum of Art (Pittsburgh), and has received a NEA Art Critics Fellowship and a NEH Fellowship.

**Course #:** MCE-LLI-1-250 **Instance #:** 000001 **Five Sessions:** 11 a.m.-12:30 p.m. **Dates:** Jan. 15, 22, 29, Feb. 5, 12 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$55 **Registration Deadline:** Jan. 13

### **Via Zoom -- Espionage and Covert Operations**

*Instructor:* Bob Fannin

This is a course on espionage and covert operation in the world of political intelligence. We define the various aspects of the field of intelligence, along with many anecdotes of how espionage and covert operations have impacted history. The course will reflect on the popular view of intelligence and then proceed with the kinds of intelligence agencies in the U.S., along with the techniques used and the responsibilities and limitations of these agencies. There will be a general overview of intelligence around the world with several classes on historical applications in ancient China and Europe. We will identify practices used during the War for Independence, the Civil War, both world wars and today, especially in the cyber world. ***This course is offered in partnership with OLLI at Furman.***

**Instructor:** *Bob Fannin*; worked at Army Intelligence School and is a thirty year member of the Association of Former Intelligence Officers; holds a Master’s degree in Information Science.

**Course #:** MCE-LLI-1Z-262 **Instance #:** 000001 **Eight Sessions:** 10:45 a.m.-12:15 p.m. **Dates:** Jan. 15, 22, 29, Feb. 5, 12, 19, 26, Mar. 5 **Limit:** 50 **Location:** Zoom **Fee:** \$75 **Registration Deadline:** Jan. 9

## **Via Zoom -- The Amazon Rainforest: Conservation and Sustainable Development**

*Instructors:* Michael Gilmore, Brian Griffiths, Elizabeth Benson, Andrew Wingfield

The Amazon basin is the largest remaining tropical forest and one of the planet's most biologically and culturally rich regions. At a time when Earth's biological and cultural diversity are increasingly under threat, the conservation of the Amazon is an international priority. This course will focus on the importance of the Amazon as well as community-based conservation efforts in Indigenous Maijuna communities. Topics to be covered include Maijuna culture and ancestral lands, mammal conservation research, stingless beekeeping, and efforts to stop an ill-conceived megadevelopment project that would have devastating consequences for the Maijuna.

***This class is offered in partnership with OLLI at Furman and OLLI at UNCW.***

**Instructor:** *Michael P. Gilmore*; ethnobiologist and Associate Professor at George Mason University's School of Integrative Studies; he has worked with the Maijuna Indigenous group of the Peruvian Amazon since 1999 on a wide variety of community-based biocultural conservation and sustainable development projects; in addition to his work at George Mason University, Dr. Gilmore founded and is president of OnePlanet, a non-profit organization that partners with the Maijuna community.

**Instructor:** *Dr. Brian M. Griffiths*; is a human ecologist and faculty member at The Earth Commons Institute at Georgetown University; since 2017, he has worked closely with the Maijuna people and local NGOs on the conservation of biodiversity, natural resources, and sustainable development; in addition to his work at Georgetown University, Dr. Griffiths is the Director of Conservation Science at OnePlanet where he spearheads community-based mammal conservation projects in Maijuna ancestral lands.

**Instructor:** *Elizabeth Benson*; is the Director of the Stingless Beekeeping Project for the non-profit organization OnePlanet; her work with OnePlanet and the Maijuna began in 2018 and since then she has been instrumental in the growth of using stingless beekeeping for sustainable development in Indigenous communities in the Peruvian Amazon; Elizabeth is passionate about the intersections of traditional knowledge, ecology, and food systems; before joining OnePlanet, she studied ecology and evolution at Harvard University.

**Instructor:** *Andrew Wingfield*; is a writer of fiction and literary nonfiction and an Associate Professor at George Mason University's School of Integrative Studies; with Michael P. Gilmore, Wingfield has coauthored numerous essays about the rich and complex relationship members of the Maijuna Indigenous group in the Peruvian Amazon have with their ancestral rainforest landscape; Wingfield and Gilmore are coauthoring a book about the Maijuna that is forthcoming from University of Georgia Press.

**Course #:** MCE-LLI-1Z-248 **Instance #:** 000001 **Four Sessions:** 11 a.m.-12:30 p.m. **Dates:** Jan. 29, Feb. 5, 12, 19 **Limit:** 100 **Location:** Zoom **Fee:** \$40 **Registration Deadline:** Jan. 23

## **Classical Music: The Stylistic Periods**

*Instructor:* Jonathan Kramer

European art music has a 1,000-year history of notated music, which has therefore been preserved and reproduced. Music historians divide this history into six "stylistic periods": Middle Ages, Renaissance, Baroque, Classical, Romantic, and Modern. Each week of the class, we will feature one or two characteristic works from the period and analyze how, through sound, music reflects the social, cultural, economic, political, and religious concerns of its times. This course is designed with music lovers in mind.

**Instructor:** *Jonathan Kramer*; retired teaching professor of Music and Arts Studies, NC State; adjunct professor of Ethnomusicology, Duke University; he served as instructor of cello and chamber music on the teaching faculty of the NC School of the Arts Summer Chamber Music Institute; his performance piece "Pau Casals: Artist of Conscience" has been given at the Kennedy Center, the 92nd Street Y, and the Queen Elizabeth Hall in London; he frequently gave pre-concert lectures for the NC Symphony; he is co-author of the

textbook *What in the World is Music?*; studies for the book have taken him to India, Korea, China, Uganda, Ethiopia, and Suriname.

**Course #:** MCE-LLI-1-256 **Instance #:** 000001 **Six Sessions:** 1-2:30 p.m. **Dates:** Jan. 15, 22, 29, Feb. 5, 12, 19 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Jan. 13

### **Chocolate and Vanilla: The Scoop**

*Instructor:* David Shew

Try to imagine a world without chocolate and vanilla. Chocolate, from the cacao tree and vanilla, a member of the orchid family, both originated in Mesoamerica and are now known worldwide. We will look at how chocolate evolved from a frothy drink used in religious and royal ceremonies to the wide range of chocolate products we see and consume today. Vanilla is prized for its aroma and flavor, and is now used in a wide range of commercial products. Its cultivation is limited and complex, making it one of the most expensive botanical crops in the world. We will look at the colorful and sometimes dark history of these crops, including their origins, their movement around the world, and their involvement in political and economic systems of countries worldwide.

**Recommended Reading (Optional):** *The True History of Chocolate*, S.D. and M.D. Coe; *Vanilla*, Tim Scott

**Instructor:** *David Shew*; retired Professor of Plant Pathology from NC State; he conducted research and taught multiple undergraduate and graduate classes in Plant Pathology for 39 years; he received numerous NC State and National research and teaching awards; a native of rural Brunswick Co in NC, he has a passion for plants and the natural world, including the many types of microbial organisms that enhance and damage plant health; his passion for teaching has found a new outlet in teaching courses in OLLI.

**Course #:** MCE-LLI-1-251 **Instance #:** 000001 **Five Sessions:** 1-2:30 p.m. **Dates:** Jan. 15, 22, 29, Feb. 5, 12 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$55 **Registration Deadline:** Jan. 13

### **Geoffrey Chaucer--A Pilgrimage with England's First Great Writer**

*Instructor:* Marc Fusco

Geoffrey Chaucer is widely acknowledged as the father of English literature. Join us on a three-session pilgrimage through Chaucer's life and works. Together, we will look closely at two of his more famous stories from *The Canterbury Tales--The Miller's Tale* and *The Wife of Bath's Tale*. We will examine the structure, language, culture, and humor that made Chaucer famous in his own time and a beloved writer in the English literary canon. Students will be required to read these two stories for classes two and three.

**Required Reading:** Chaucer's *The Miller's Tale* and *The Wife of Bath's Tale*

**Instructor:** *Marc Fusco*; M.A., M.S. Marc has several degrees in Medieval and Renaissance Literature and History, with a focus on Shakespeare and Elizabethan Literature, and an M.S. in Space Studies, where he majored in space policy and history; he has taught at Arizona State, Duke, and UNC; Marc has taught Shakespeare at several institutions to students ranging from adults to junior high students.

**Course #:** MCE-LLI-2-145 **Instance #:** 000001 **Three Sessions:** 3-4:30 p.m. **Dates:** Jan. 15, 22, 29 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$40 **Registration Deadline:** Jan. 13

### **Viewing the Archaeological Past through LiDAR and Recent Technology**

*Instructor:* Buzz Thunen

This course introduces the new technologies archaeologists use to examine the past. Using examples from the prehistoric cultures of the Eastern United States, we examine how LiDAR, ground-penetrating radar, and geophysical surveys reveal a more nuanced and rich understanding of the past. We start with an introduction to archaeology and LiDAR technology and then move on to how archaeologists use remote sensing tools to



locate and assess archaeological sites. Using examples from the Woodland and Mississippian prehistoric periods, we examine the earthen mounds, rituals, politics, and family systems of these tribal societies.

**Recommended Reading (Optional):** *Maps for Time Travelers: How Archaeologists Use Technology To Bring Us Closer to the Past*, Mark D. McCoy 2020. University of California Press.

**Instructor:** *Buzz Thunen*; taught Anthropology and Archaeology at the University of North Florida for 34 years; Ph.D., Northwestern University; B.A., Anthropology from UC Santa Cruz; created the UNF Anthropology Major and the Archaeology Lab; worked on Archaeological Research in California, Illinois, Tennessee, and Florida; research focused on the Middle Woodland Ceremonial Earthworks, and French and Spanish in 16<sup>th</sup> century Florida.

**Course #:** MCE-LLI-2-148 **Instance #:** 000001 **Three Sessions:** 3-4:30 p.m. **Dates:** Jan. 15, 22, 29 **Limit:** 29  
**Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Jan. 13

### **Domestic Knowledge in Early Modern England**

*Instructor:* Margaret Simon

In this course we will learn about early modern cooking, medicine, and even literature by examining English manuscript recipe books created between about 1600-1700 CE. These recipe books contain culinary, medicinal, and household knowledge and were compiled across generations. As complex, handwritten documents they require specialized analysis. We will learn the basics of how to read early modern handwriting (paleography) and discuss how scholars interpret these texts. We will explore how they contribute to our understanding of early English literature and culture. We may even get to try making a few recipes!

**Instructor:** *Maggie Simon*; Ph.D., English Language and Literatures, University of Virginia; M.A., Comparative Literature, University of Wisconsin, Madison; while her primary research field is English Renaissance Literature and book history, she has spent the last ten years researching and teaching about contemporary American comics; in addition to her extensive publications in Renaissance literature, she has published and presented on various topics related to comics and graphic literature, most recently a collaborative piece on the digital annotation of graphic literature which appears in the journal of the Design Research Society.

**Course #:** MCE-LLI-2-154 **Instance #:** 000001 **Three Sessions:** 3-4:30 p.m. **Dates:** Feb. 5, 12, 19 **Limit:** 19  
**Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Feb. 3

### **Via Zoom -- Cultural and Religious Views of Death and Dying**

*Instructor:* Stephanie Smith

This class explores cultural and religious views of death and dying. Emphasis is placed on not only understanding how members of these different religions view dying, death, the afterlife and grieving but also on how religions and cultures can intersect to form distinct individual beliefs and how one can become more sensitive to religious and cultural differences. Time will be allotted for class discussion and questions. ***This lecture is offered in partnership with OLLI UNCW.***

**Instructor:** *Stephanie Smith*; ADEC Certified Thanatologist with an M.S. in thanatology; she is also a certified end-of-life specialist and doula, AIHCP grief counselor, hospice volunteer, and Director of the Center for Death Education.

**Course #:** MCE-LLI-2Z-159 **Instance #:** 000001 **Three Session:** 3-4:30 p.m. **Dates:** Feb. 26, Mar. 5, 12  
**Limit:** 50 **Location:** Zoom **Fee:** \$40 **Registration Deadline:** Feb. 20

## THURSDAY

### Life, Laughter, and Legacy of Robin Williams

*Instructor:* Stan Darer

This course will delve into the life of Robin Williams. We see him as a stand-up comedian, a TV personality, and a mega movie star. We will learn about his family life, his battles with substance abuse and his health issues. This class will give us the opportunity to see Robin master his craft, showing us his many talents. We will hear from his friends and fellow entertainers as they share their respect and memories for this multi-talented actor, following his death in 2014.

**Instructor:** *Stan Darer*; B.A., Economics, Lehman College, CUNY, Bronx; thirty-eight year career in finance in the electrical supply industry with Graybar Electric Company; volunteer at several organizations in Raleigh, including Temple Beth Or, Bedford Over 55 Club and presents programs at Senior Communities; active member and volunteer on OLLI's Program Committee; 2017 recipient of OLLI's Betty Poulton Volunteerism Award.

**Course #:** MCE-LLI-2-049 **Instance #:** 000002 **Three Sessions:** 11 a.m.-12:30 p.m. **Dates:** Feb. 6, 13, 20 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$40 **Registration Deadline:** Feb. 4

### 20<sup>th</sup> Century Art at the NCMA

*Instructors:* Sean Burrus, Jared Ledesma

Jared Ledesma and Sean Burrus joined the NC Museum of Art's curatorial staff in 2022 and 2023, respectively. This course will offer a glimpse into their work as Curator of 20th-Century Art and Contemporary Art and Curator of Judaic Art. Enjoy a discussion of past and current work at the museum since their arrival, including a review of the Betty Parsons and Surreal/Fantastic art installations, as well as the much-anticipated exhibition "Grace Hartigan: The Gift of Attention," which will open in April and will travel throughout the US. Learn the origin story and history of the Judaic Art Gallery and discuss exciting developments in the works, including recent and planned acquisitions of contemporary Judaica, the NCMA's Initiative for Jewish Art and Culture, and plans for a spring exhibition featuring religious art from across the collection.

**Recommended Reading (Optional):** *Ninth Street Women*, Mary Gabriel; *Restless Ambition: Grace Hartigan, Painter*, Cathy Curtis.

**Instructor:** *Sean P. Burrus*; B.A. in Religious Studies from UNC-Chapel Hill, M.A. and Ph.D. from the Graduate Program in Religion at Duke; Burrus has held research fellowships in Jewish art and culture at The Metropolitan Museum of Art and the University of Michigan, and worked as a curator at the Bowdoin College Museum of Art (Brunswick, Maine) and as an Assistant Director at the Textile Museum (D.C.). His exhibitions have spanned the ancient world to the present and explored a wide-range of media, from archaeological artifacts to American painting.

**Instructor:** *Jared Ledesma*; holds a B.A. and M.A. in Art History from San Francisco State University; over the past decade, Ledesma has worked at the San Francisco Museum of Modern Art (SFMOMA), the Des Moines Art Center in Iowa, the Akron Art Museum, and most recently at the North Carolina Museum of Art; Ledesma has either assisted or solely organized several exhibitions, including "Matisse/Diebenkorn" at SFMOMA, the award winning "Queer Abstraction" at the Des Moines Art Center, and the forthcoming "Grace Hartigan: The Gift of Attention," the most ambitious exhibition of the artist's work in over two decades.

**Course #:** MCE-LLI-2-142 **Instance #:** 000001 **Two Sessions:** 1-2:30 p.m. **Dates:** Jan. 30, Feb. 6 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$30 **Registration Deadline:** Jan. 28

## Via Zoom -- Cosmic Curiosity: A Beginner's Guide to the Heavens

*Instructor:* Brand Fortner

Everything you know about the universe is wrong! Do you want to know the latest cosmic discoveries? This course is for you! We'll cover at a basic level what every educated person should know about the night sky, our planet earth, our solar system, the stars, evolution of stars, the milky way galaxy, and the universe, from a historical perspective. If you have a doctorate in astrophysics, feel free to skip this one. For the rest of you, welcome! ***This class is offered in partnership with OLLI at Furman and OLLI at UNCW.***

**Instructor:** *Brand Fortner*; Ph.D. in high energy astrophysics from the University of Illinois at Urbana-Champaign; teaching professor in physics at NC State and adjunct professor of physics at UNC-Chapel Hill; founder of two software companies; previously held positions at NASA, NCSA, and Johns Hopkins University.

**Course #:** MCE-LLI-1Z-252 **Instance #:** 000001 **Nine Sessions:** 3-4:30 p.m. **Dates:** Jan. 23, 30, Feb. 6, 13, 20, 27, Mar. 6, 13, 20 **Limit:** 100 **Location:** Zoom **Fee:** \$75 **Registration Deadline:** Jan. 19

## ***Florencia en el Amazonas: Opera and Magic***

*Instructor:* Eric Mitchko

Composer Daniel Catán's *Florencia en el Amazonas* has been the most-performed new opera in the United States since its 1996 premiere. As we look forward to North Carolina Opera's winter production of this piece, this course will give an introduction to the music and background of this beautiful opera, its roots in the literary movement of magical realism, and its place in the contemporary opera scene.

**Recommended Reading (Optional):** *Love in the Time of Cholera*, Gabriel Garcia Marquez

**Instructor:** *Eric Mitchko*; A.B., Princeton; M.A. and MPhil, Columbia; General Director of North Carolina Opera, earlier Director of Artistic Administration of Atlanta Opera and Vice-president of Columbia Artists Management; Judge of Metropolitan Opera District Auditions and other competitions; interested in history, travel, books, hiking.

**Course #:** MCE-LLI-2-149 **Instance #:** 000001 **Two Sessions:** 3-4:30 p.m. **Dates:** Jan. 16, 23 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$30 **Registration Deadline:** Jan. 14

## **The Fall of the Roman Empire**

*Instructor:* Henry Gruber

This course will explain the political, economic, and cultural circumstances and effects of the collapse of Roman dominance in the Mediterranean, ca. 400 - 700 CE. The first session will describe the political events from the division of the Empire under Theodosius to the collapse of the western Empire; the second session will analyze the economic collapse associated with this political transition; and the third will contextualize this transition within the persistence of the eastern Empire through the reign of Justinian until the historical watershed of Islam.

**Required Reading:** *The World of Late Antiquity*, Peter Brown; *The Fall of Rome and the End of Civilization*, Bryan Ward-Perkins

**Instructor:** *Henry Gruber*; Ph.D., Harvard University; Assistant Professor of History at UNC-Chapel Hill and a co-supervisor on the Falerii Novi Excavation Project in Lazio, Italy; his dissertation, "Wars and Rumors of War: Archaeology, Violence, and the End of Roman Spain," won the 2023 Harvard Standing Committee on Medieval Studies Dissertation Prize.

**Course #:** MCE-LLI-2-143 **Instance #:** 000001 **Three Sessions:** 3-4:30 p.m. **Dates:** Feb. 6, 13, 20 **Limit:** 47 **Location:** McKimmon Room 11/12 **Fee:** \$40 **Registration Deadline:** Feb. 4

## FRIDAY

### Via Zoom -- James Baldwin: Being There, Bearing Witness

*Instructor:* Marc Dudley

Almost forty years after his death, the work of novelist, essayist, and playwright James Baldwin has enjoyed a resurgence of late, resonating as loudly in the present as it did during our nation's Civil Rights movement. In recent years, his unfinished manuscript, *Remember This House*, was adapted into the documentary film, *I Am Not Your Negro*, and nominated for Best Documentary Feature in 2016, and his novel *If Beale Street Could Talk*, was adapted into the Academy Award-winning film of the same name in 2018. For decades now, James Baldwin's voice has spoken for our nation's marginalized communities and his name has been synonymous with "social justice" advocacy. In this session, we will explore James Baldwin the writer and the man, and discuss a few of the prevalent themes that marked his literary life. ***This lecture is offered in partnership with OLLI UNCW.***

**Instructor:** *Marc K. Dudley*; Ph.D., University of North Carolina, Chapel Hill; Professor of English and Africana Studies at NC State; inducted into the NC State Academy of Outstanding Teachers (2020), contributor to/featured in Ken Burns' most recent documentary, *Hemingway* (2021). Author of *Hemingway, Race, and Art* (2012) and *Understanding James Baldwin*.

**Course #:** MCE-LLI-2Z-160 **Instance #:** 000001 **Two Sessions:** 1-2:30 p.m. **Dates:** Jan. 31, Feb. 7 **Limit:** 50  
**Location:** Zoom **Fee:** \$30 **Registration Deadline:** Jan. 26

## FIRST TERM LECTURES

## MONDAY

### Why Diverse Public Schools Matter

*Instructor:* Karey Harwood

This lecture will present highlights from *Wake: Why the Battle Over Diverse Public Schools Still Matters*, which tells the story of Wake County, North Carolina, and its historical commitment to racial and socioeconomic integration. It will examine the fierce public debate that took place after a school board election in 2009 and provide an overview of an argument in favor of diverse schools. We will discuss different understandings of public education and its purpose, as well as our community's vision for the future.

**Recommended Reading (Optional):** *Wake: Why the Battle Over Diverse Public Schools Still Matters* (Rutgers University Press, 2024)

**Instructor:** *Karey Harwood*; Ph.D., Emory University, MTS, Harvard Divinity School, B.A., Yale College; Associate Professor at NC State in the Department of Philosophy & Religious Studies, with a joint appointment in Interdisciplinary Studies; winner of the NC State Alumni Association Distinguished Undergraduate Professor Award (2019) and the NC State Outstanding Teacher Award (2010); her work focuses on questions of ethics and values in human reproduction, parenthood, and education; a parent of three children who attended the Wake County Public Schools, she helped launch a statewide nonprofit supporting public education.

**Course #:** MCE-LLI-3-298 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Feb 24 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 22

## **N.C. Farmers' Use of POWs During WWII**

*Instructor:* Gary Moore

When America entered WWII, the USDA documented that two million men left their agricultural jobs. There was an acute labor shortage in agriculture, while food was needed for the citizens and the soldiers. To compensate for the potential decline in food production, the U.S. government established a program where farmers could "lease" prisoners of war to work on their farms. North Carolina had 18 POW camps. An article in the Tarheel Junior Historian in 2008 states "because of the relative secrecy of the army's POW program, few people—other than the guards who ran the camps and the civilian employers who 'leased' the services of POWs from the military—even knew about the POWs in the Tar Heel State. Today many people still are not aware that there were thousands of war prisoners held here." One Italian POW stated that Mussolini said his troops would soon be marching across the United States, but he didn't say anything about picking up peanuts on the way. In this presentation we document the use of POWs in farming and lumbering in North Carolina.

**Instructor:** *Gary Moore*; Professor Emeritus, Agricultural and Extension Education, NC State; member of the NC State University Academy of Outstanding Teachers; 2024 recipient of the William C. Friday Award for Distinguished Service in Retirement; has made presentations in 41 states, four Canadian provinces and on four continents; veteran OLLI instructor.

**Course #:** MCE-LLI-3-301 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Jan 13 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Jan. 11

## **The Elections are Over: Now What?**

*Instructor:* David McLennan

Now that the elections in the country and state are over, the work of governing must happen. In this lecture, we will explore the key policy issues facing the country and state and how those elected in November will approach these important issues.

**Instructor:** *David McLennan*; B.A., M.A., University of Virginia; Ph.D., University of Texas at Austin; Professor of Political Science, Meredith College.

**Course #:** MCE-LLI-3-327 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Jan 27 **Limit:** 145 **Location:** McKimmon Room TBD **Fee:** \$15 / **Non-Member Rate:** \$20 **Registration Deadline:** Jan. 25

## **America's Edge: Leading the World of Business**

*Instructor:* Jeremy Blum

We are in a golden age of U.S. publicly traded corporations as they are performing way above the rest of the world. This lecture will detail how they have half the world's market value despite the U.S. only having 4.3% of the world's population. It will also show why at least half of the world's innovations and inventions are coming from the U.S.

**Instructor:** *Jeremy Blum*; B.S., Finance, Bryant University; former Credit Manager of a midsized bank; currently a writer on the investment platform Seeking Alpha.

**Course #:** MCE-LLI-3-308 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Feb 3 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 1

## **What Makes a Great Historical Novel?**

*Instructor:* Jill Caugherty

In this interactive lecture, we will discuss the benefits of reading great historical fiction and the key elements that make it so compelling. Drawing from four well-known historical novels, we'll examine sub-genre, setting, characters, conflict and stakes, dialogue, historical details, and theme. As a historical novelist, the instructor

will also describe her own writing process, including researching a historical era, writing the first draft, deciding which historical details to include, receiving feedback and revising, and leveraging resources.

**Instructor:** *Jill Caugherty*; former senior marketing manager and a Stanford University graduate with an M.B.A. from the University of North Carolina at Chapel Hill; she has published two historical novels: *Waltz in Swing Time* (2020) and *The View from Half Dome* (2023); winner of the 2023 NC Author Project for YA Fiction and the 2023 IPPY Bronze Medal for Best Regional Fiction, Pacific West; Jill lives in Raleigh with her husband and daughter.

**Course #:** MCE-LLI-3-295 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Feb 3 **Limit:** 23 **Location:** McKimmon Room 13 **Fee:** \$15 **Registration Deadline:** Feb. 1

### **Homeland Security: The North Carolina Fusion Center**

*Instructor:* Conner Hartis

This lecture explores the critical role of the North Carolina Fusion Center (NC ISAAC) in enhancing public safety and homeland security. Participants will examine the center's mission to collect, analyze, and disseminate intelligence across various sectors, including law enforcement, emergency management, and private industry. Through case studies and real-world applications, students will learn about the collaborative frameworks that support information sharing, threat assessment, and community resilience. Participants will understand the Fusion Center's impact on state and national security and how to effectively engage with its resources and initiatives.

**Instructor:** *Conner Hartis*; is a Lieutenant at the NC State Police Department; he is assigned full-time to the North Carolina State Bureau of Investigation's Fusion Center (NC ISAAC) as a Task Force member; at the SBI, Dr. Hartis collaborates with community colleges, colleges, and universities throughout the State of North Carolina surrounding intelligence distribution, threat assessment, and investigative assistance; attended UNC-Chapel Hill for undergrad and received his master's and doctorate from NC State.

**Course #:** MCE-LLI-3-291 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Feb 10 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 8

### **Fraud: An American History from Barnum to Madoff**

*Instructor:* Edward Balleisen

The United States has always proved an inviting home for boosters, sharp dealers, and outright swindlers. Worship of entrepreneurial freedom has complicated the task of distinguishing aggressive salesmanship from unacceptable deceit, especially on the frontiers of innovation. At the same time, competitive pressures have often nudged respectable firms to embrace deception. As a result, fraud has been a key feature of American business since its beginnings. This lecture offers a comprehensive history of fraud in America, from the early nineteenth century to the subprime mortgage crisis of 2007-10.

**Instructor:** *Edward Balleisen*; Ph.D., Yale University; M. Phil, Yale University; B.A., Princeton University; Professor of History, Trinity College of Arts and Sciences, Duke University; Professor in the Sanford School of Public Policy, Duke University; current Vice-Provost for Interdisciplinary Studies, Duke University; research and writing explores the historical intersections among law, business, politics, and policy in the modern United States.

**Course #:** MCE-LLI-3-299 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Feb. 24 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 22



## WEDNESDAY

### Spring Kick Off Lecture -- A Community Guide to Creating Public Art

*Instructor:* Kelly McChesney

Have you ever seen public art that you wished was in your community? Do you want to enhance your neighborhood identity with public art? Are you an artist who doesn't know how to move from a studio practice to a public practice? Are you interested in learning about how your community or organization can participate in public art? If these questions are meaningful to you, then be prepared to fly through a presentation on the ins and outs of creating public art guided by Raleigh's Public Art Director. Attendees will learn about current public art processes and ways to become more involved. For artists and community members interested in creating public art, the course will guide you through the process for creating public art, working with fabricators, community engagement and impact (the positive and negative), and best practices. Recommended reading links are more for fun than required, but each story offers different points of view on controversy, celebration, law and policy. Time will be left at the end of the course for questions and candid conversations about public art in Raleigh. **Refreshments will follow from 3:15 - 4:00pm**

**Note:** This event is free and open to the public, but you must register.

**Recommended Reading (Optional):** Optional readings can be found in the online catalog.

**Instructor:** *Kelly McChesney*; With 25 years of experience in the arts, former owner of Flanders Gallery and board member of Lump Projects in Raleigh, Kelly developed a reputation as an advocate for artists and their creative visions; as Public Art Director for the City, Kelly leads the development of public art initiatives, including the city's Public Art Strategic Plan; honors includes an Indy Art Award for her support of artists and the Downtown Raleigh Alliance's Downtown Advocate Award.

**Course #:** MCE-LLI-3-056 **Instance #:** 000004 **One Session:** 2-3:00 p.m. **Date:** Jan. 8 **Limit:** 150 **Location:** McKimmon Room TBD **Fee:** \$0 **Registration Deadline:** Jan. 3

### Jazz: A Listener's Guide from Sharp 9 Gallery

*Instructor:* Dave Finucane

Have you ever wondered how jazz improvisation works? How does the band know when to come back in for the melody after a drum solo? What's the difference between jazz and blues, and how can jazz players who have never played together before perform and make it work? These and other questions will be answered by Dave Finucane, the co-founder and director of the Durham Jazz Workshop Inc. He will discuss the education and performances offered through the Sharp 9 Gallery, a local venue since 2013.

**Instructor:** *Dave Finucane*; B.M., New England Conservatory; musician/teacher, former faculty Duke, UNC-Chapel Hill; Director of Durham Jazz Workshop/Sharp 9 Gallery; Jazz Journalists Association "Jazz Hero" Award 2022.

**Course #:** MCE-LLI-3-320 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Feb 5 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 3

## THURSDAY

### Tariffs, Sanctions, and the World Trade Organization

*Instructor:* Michael Struett

This lecture will explore the increasing use of tariffs and sanctions in American Foreign Policy, especially in the Trump and Biden Administrations. We will review the WTO/GATT trade rules of the Post-World War II era, the consequences of Chinese ascension to the WTO, and the ways that US trade and tariff policy in recent years

threaten to destabilize the open rules based global trading order. We will also consider how and if economic sanctions function as a tool for dealing with law breaking behavior by other states.

**Recommended Reading (Optional):** *Championing Global Trade is in America's National Interest*, Evan Greenberg, The Economist Magazine, Sept. 3, 2022.

**Instructor:** *Michael Struett*; Ph.D., University of California, Irvine; M.A., George Washington University's Elliot School of International Affairs; B.A., political science with honors from Cal- Berkeley; Dr. Struett is generally interested in the evolution of norms in world politics, and the role of international organizations and international law in contributing to world order; he teaches courses on Global Governance and International Organizations, International Law, the United Nations, and International Relations theory.

**Course #:** MCE-LLI-3-323 **Instance #:** 000001 **One Session:** 9-10:30 a.m. **Date:** Feb 6 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 4

### **Talk, Talk, Talk: Understanding the Senate Filibuster**

*Instructor:* Bill Pruden

The United States Senate, the self-proclaimed "world's greatest deliberative body," is increasingly under fire for the way it impedes democracy. A central target of this criticism is the long-time practice of the filibuster, a technique that allows a single senator to bring the body to its knees, stopping all other action and halting the democratic process, not to mention debate and deliberation, in its tracks. This lecture will look at the Senate Filibuster, how it began, how it has evolved, how it operates, and why, the criticism notwithstanding, it continues to be a central part of Senate culture and operations.

**Instructor:** *Bill Pruden*; teacher at Ravenscroft School for over 30 years; A.B., History, Princeton University; JD from Case Western Reserve University; M.A., Social Studies, Wesleyan University. M.A., Politics, Indiana University; he has also complemented his years of teaching history and government with active involvement in the political system, twice running for local office and also serving as a legislative assistant to both a state senator and a member of the US House of Representatives; Pruden has also written widely on U.S. history, politics, education, and sports.

**Course #:** MCE-LLI-3-296 **Instance #:** 000001 **One Session:** 9-10:30 a.m. **Date:** Feb 13 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 11

### **The Last Ice Age in America**

*Instructor:* Ron Monti

A mere 20,000 years ago, the Wisconsin Glaciation covered most of our continent. It was as massive as today's Antarctic ice sheet. It caused ocean levels to fall and created a land bridge to Siberia, over which the first humans traveled to the Americas. As the ice advanced and receded, it formed the Great Lakes, Long Island, Cape Cod and many other major geographical features. Yet just a short distance from the southern edge of the ice, megafauna such as mastodons and saber tooth tigers flourished. This lecture will provide an overview of that amazing period of North America's geologic history.

**Instructor:** *Ron Monti*; veteran OLLI science instructor; member of OLLI's Science and Technology Subcommittee; OLLI's 2018 Volunteer of the Year; he is a volunteer educator and exhibitor at the NC Museum of Natural Sciences and a master outreach speaker for the Raleigh Astronomy Club.

**Course #:** MCE-LLI-3-317 **Instance #:** 000001 **One Session:** 11:00 a.m.-12:30 p.m. **Date:** Jan 30 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Jan. 28

## **Burgundy Without Wine?**

*Instructor:* Seth Murray

Burgundy has long been recognized in France and beyond as a region that produces quality wines, many of them renowned. However, this region's agriculture is not a monoculture production: cattle ranching and forestry are also important components of the rural economy. We will examine the contemporary social, political, and economic processes that have led to the abandonment of viticulture in some parts of Burgundy.

**Instructor:** *Seth Murray*; Director of the Program in International Studies and a Teaching Professor in Interdisciplinary Studies, NC State; he is trained as an environmental anthropologist and conducts research on the historical ecology of sustainable farming in the Basque region of France and Spain, as well as in Burgundy.

**Course #:** MCE-LLI-3-292 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Jan 16 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Jan. 14

## **When Robots Do the Writing: The Impact of Text-Generating AI**

*Instructor:* Paul Fyfe

With the recent explosion of generative AI programs like ChatGPT, what happens to writing and learning? How might AI affect creativity and critical thinking? What are the likely impacts and ethical concerns of text-generating AI from undergraduate education to the workforce? This lecture offers an accessible introduction to text-generating AI, tests whether participants can identify AI-generated content, and opens a discussion about the pitfalls and potentials of these technologies. No technical skills or previous knowledge required.

**Recommended Reading (Optional):** *Generative AI Exists Because of the Transformer*, Madhumita Murgia and the Visual Storytelling Team. Financial Times, September 12, 2023. <https://ig.ft.com/generative-ai/>; *Post-Apocalyptic Education*, Ethan Mollick; *One Useful Thing*, August 30, 2024.

<https://www.oneusefulthing.org/p/post-apocalyptic-education>

**Instructor:** *Paul Fyfe*; associate professor of English at NC State University; his research and teaching areas include nineteenth-century British literature, media history, digital humanities, and artificial intelligence; most recently, he is co-Principal Investigator on NC State's new humanities research center on the ethics of AI, and works with an international team on using multimodal AI on nineteenth-century illustrated newspapers; his latest book is *Digital Victorians: From Nineteenth-Century Media to Digital Humanities* (Stanford University Press, 2024).

**Course #:** MCE-LLI-3-318 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Feb 13 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 11

## **Tadeusz Kosciuszko--Engineer of the American Revolution**

*Instructor:* Brian Moskow

This lecture will explore the life of Tadeusz Kosciuszko, a Polish-Lithuanian military engineer and national hero who played a pivotal role in both the American Revolutionary War and Poland's struggle for independence. We will discuss his early life, education, and the influences that shaped his ideals of liberty and justice. Also discussed will be his contributions to American independence, including fortifying West Point, and his leadership in Poland's 1794 uprising against Russian domination. We'll also reflect on his enduring legacy as a champion of freedom and equality, emphasizing his forward-thinking views on human rights.

**Instructor:** *Brian Moskow*; B.S., Civil Engineering, NC State; Professional Engineer in 16 states; Structural Engineers Association of North Carolina, President 2018-2019; National Council of Structural Engineers Associations, Structural Licensure Committee member, 2017 - Present

**Course #:** MCE-LLI-3-311 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Feb 20 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 18

## FRIDAY

### The Church and Politics

*Instructor:* David Hughes

This lecture will describe the way the church and politics have become intertwined, for good and for bad. It will recount the slow but steady rise of hardball politics engaged primarily by white, American, evangelical Christians that has culminated in Christian nationalism. The instructor will speak to a biblical way in which persons of faith can engage with politics.

**Instructor:** *David Hughes*; Ph.D. in Christian Ethics from The Southern Baptist Theological Seminary; degrees from Wake Forest University and Princeton Theological Seminary; semi-retired and working part time as Ambassador of the Transforming Center, a Chicago-based ministry devoted to strengthening the souls of key influencers and the organizations they serve; also serves as a spiritual director currently and previously as senior pastor of several churches, including a 22+ year tenure at First Baptist Church Winston-Salem.

**Course #:** MCE-LLI-3-314 **Instance #:** 000001 **One Session:** 11:00 a.m.-12:30 p.m. **Date:** Feb 7 **Limit:** 55

**Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Feb. 5

## SECOND TERM MULTI-WEEK CLASSES

## MONDAY

### Napoleonic Wars Part III

*Instructor:* Dave Milidonis

(See page 1 for course description, notes and bio)

**Course #:** MCE-LLI-1-242 **Instance #:** 000002 **Six Sessions:** 9-10:30 a.m. **Dates:** Mar. 10, 17, 24, 31, Apr. 7, 14 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Mar. 8

### Major Themes of the New Testament Writings of Paul

*Instructor:* E. Carson Brisson

This course will explore selected New Testament writings of Paul. We will seek to understand how cultural circumstances, historical settings, and religious convictions and questions in Paul's world informed his thinking and faith, and how he attempted through his letters to engage, inform, and nurture communities and individuals with his theological vision. Paul's understanding of God, Christology, Pneumatology, Soteriology, Anthropology, Ethics, and Eschatology and the connections among these major themes will constitute the focus of our study. His use of Koine Greek will also be mined for insights.

**Recommended Reading (Optional):** *The New Testament; The Letters of Paul: Conversations in Context* (Sixth Edition), Calvin J. Roetzel

**Instructor:** *E. Carson Brisson*; Associate Professor of Bible and Biblical Languages, (Ph.D., Th.M., M.Div., B.A.,) Union Presbyterian Seminary, Richmond Va.; Charlotte, NC; Dr. Brisson's primary teaching assignments at Union are biblical Hebrew and Greek; in 2022, he received an award for his essay "A Jail Visit and a Promise to a Mother"; his latest publication is the essay "Stronger Than All Evil Things," in the journal *Christian Century*; he enjoys taking long walks with his spouse and their rescue beagle when there is a breeze.

**Course #:** MCE-LLI-1-253 **Instance #:** 000001 **Five Sessions:** 11:00 a.m.-12:30 p.m. **Dates:** Mar. 17, 24, 31, Apr. 7, 14 **Limit:** 23 **Location:** McKimmon Room 13 **Fee:** \$55 **Registration Deadline:** Mar. 15

## **A Gershwin Revue**

*Instructor:* Marilyn Lynch

George Gershwin was an American composer whose compositions spanned both popular and classical genres. Most of his vocal and theatrical works, including more than a dozen Broadway shows, were written in collaboration with his brother, lyricist Ira Gershwin. This class will include a quick “review” of his song-writing career, from his early days composing for Broadway revues through his more mature styles writing for Hollywood movies. We will then move to a study of his serious works which include his famous *Rhapsody in Blue*, *An American in Paris*, and the opera *Porgy and Bess*.

**Instructor:** *Marilyn Lynch*; retired Teaching Associate Professor, Music Department, NC State; recipient of the University Outstanding Extension Award; educator, lecturer, and performer in area colleges, churches, social and civic organizations; BMus in Education, Syracuse University; M.A. in Theory, Eastman School of Music, University of Rochester; veteran OLLI instructor.

**Course #:** MCE-LLI-2-132 **Instance #:** 000002 **Two Sessions:** 11:00 a.m.-12:30 p.m **Dates:** March 24, 31  
**Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$30 **Registration Deadline:** March 22

## **How Taylor Swift Built a Billion Dollar Brand Identity**

*Instructor:* Janice Horner

Taylor Swift isn't just a Grammy award-winning popstar; she's a masterclass in modern marketing and brand identity. In the first session we will explore how she built a multi-billion-dollar brand model established on authenticity, personal connection, and relatability. In the second session we'll dive deeper into her trademark--the ability to tell stories through her songwriting. From knocking on the doors of record labels in Nashville when she was 14 to selling out every show on her worldwide Eras Tour, join us to learn more about the evolution of one of today's brightest superstars.

**Instructor:** *Janice Horner*; MPH in Health Behavior, UNC-Chapel Hill; after working in the healthcare field for over 20 years, she is now enjoying semi-retirement, teaching fitness classes and dabbling in writing and some other creative pursuits; she is a National Board Certified-Health and Wellness Coach and a Nia Technique® Brown Belt Instructor; Janice lives in Raleigh with her husband, daughter, and tuxedo cat.

**Course #:** MCE-LLI-2-144 **Instance #:** 000001 **Two Sessions:** 1-2:30 p.m. **Dates:** Mar. 17, 24 **Limit:** 23  
**Location:** McKimmon Room 13 **Fee:** \$30 **Registration Deadline:** Mar. 15

## **Table Read: Dominique Morriseau's *Confederates***

*Instructor:* Gwen Hendrix

The purpose of a table read is to allow readers to understand a script and examine the characters in depth by giving sound to the script. The characters' backstories and objectives through their narration will aid comprehension of the storyline of the play. The applicability of themes of this play, written by the recipient of the 2018 MacArthur Fellowship (also known as the “Genius Grant”) Dominique Morisseau, will be examined for present day relevance. *Confederates*, a 90-minute story of freedom of two Black women, one enslaved and the other a 21st century university professor will be contrasted for similarities of theme. Morisseau dedicated *Confederates* to Harriet Tubman, Sojourner Truth, Nikole Hannah-Jones and Melissa Harris-Perry. It is a play that feels smartly attuned to present day history. We will examine the multiple meanings of the word “confederate” and how it relates to this story. No acting experience is necessary. Students will be chosen randomly to read character parts so they should read the entire script prior to class. The script will be provided for you a week before the class. Each class will have Q & A, discussion and reading of character dialogue. Though not required, for better understanding, students can optionally attend the March 16th production and

after play discussion of *Confederates* at Play Makers Repertory Company in Chapel Hill. The play runs Mar 5–23, 2025.

**Instructor:** *Gwen Veale Hendrix*; B.A., Talladega College; M.A., UNC-Chapel Hill; M.Ed., NC State; retired chemist, programmer, career counselor, and financial aid advisor; theatre has always been her passion and she is an avid writer and theater goer; Gwen has acted in local community theatre and written several plays; she is excited to share her love of theatre by encouraging others to read more plays and attend performances.

**Course #:** MCE-LLI-2-161 **Instance #:** 000001 **Two Sessions:** 1:30-3:30 p.m. **Dates:** Mar. 24, 31 **Limit:** 12  
**Location:** McKimmon Room 232 **Fee:** \$35 **Registration Deadline:** Mar. 22

## China Today

**Instructors:** Mike Flynn, Walter Schenberger

Modern China's rise as a major economic and military power is the result of a series of strategic policies, reforms, and historical events, especially in the last 50 years. This course will discuss some of these foundational factors, including China's demography, energy, government, and foreign and domestic investment. We will consider how current initiatives will impact future growth potential. There will also be an explanation of China's military buildup, examining its naval, air, ground, and strategic forces. We will explore the "Belt and Road" initiative as a means of power projection. Additionally, we will discuss China's claims over crucial shipping lanes in the South China Sea, the construction and militarization of artificial islands, and the effects of these actions on neighboring countries, including the Philippines, Brunei, Indonesia, Malaysia, and Vietnam.

**Instructor:** *Mike Flynn*; retired Army officer who served over 30 years on active duty; his assignments ranged from leading an airborne infantry platoon to service on the Department of the Army Staff where he processed all Joint Chiefs of Staff actions for the Army; he deployed overseas on multiple occasions including to conflict environments in Vietnam (twice), Grenada and Desert Storm; OLLI member and returning instructor.

**Instructor:** *Walter Schenberger*; retired USAF officer who spent 30 years serving in various roles at the tactical level flying airplanes, at the operational level in planning, preparing for and executing operations in Hawaii and Iraq, retiring as a military attache from the U.S. Embassy in Seoul, South Korea.

**Course #:** MCE-LLI-2-162 **Instance #:** 000001 **Two Sessions:** 1-2:30 p.m. **Dates:** Apr. 7, 14 **Limit:** 55  
**Location:** McKimmon Room 11/12 **Fee:** \$30 **Registration Deadline:** Apr. 5

## TUESDAY

### Via Zoom -- Palestine and Israel Since October 7, 2023

**Instructor:** Max Carter

Israeli peace and conflict studies scholar Steven Klein applies "chaos theory" and "complexity science" to his understanding of the situation in Palestine and Israel and notes that the attacks of October 7, 2023 and subsequent war in Gaza and escalation throughout the region are prime examples. We will explore that--and prospects for the future--as different sessions consider the context out of which those attacks occurred and, similarly, the framework that has shaped Israel's response. Authors of recent books on the subject will be guests during the course as well as persons with current experience in the region.

**Recommended Reading (Optional):** *A Day in the Life of Abed Salama*, Nathan Thrall

**Instructor:** *Max Carter*; Ph.D, American Religious History, Temple University; retired in 2015 from Guilford College as the William R. Rogers Director of Friends Center and Quaker Studies; member of the Religious Society of Friends (Quakers); serves on numerous boards of Quaker organizations and is the author of five books and numerous chapters and articles.



**Course #:** MCE-LLI-1Z-257 **Instance #:** 000001 **Six Sessions:** 9-10:30 a.m. **Dates:** Mar. 11, 18, 25, Apr. 1, 8, 15 **Limit:** 100 **Location:** Zoom **Fee:** \$55 **Registration Deadline:** Mar. 9

### **Howz You're Speling? Diving into Chaotic English**

*Instructor:* Steve Swaim

In this course we'll take a close look into the anarchic chaos that is modern English spelling. We will explore how English spelling got to where it is today and examine common spelling mistakes, as well as differences between British and American spellings. To conclude, we'll see what, if anything, can be done to fix the bedlam surrounding our current spelling "system."

**Instructor:** *Steve Swaim*; B.A., Linguistics, UNC-Chapel Hill; taught Spanish and Linguistics at Ravenscroft School for 33 years; his greatest regret is that he cannot learn every language ever spoken; veteran OLLI instructor.

**Course #:** MCE-LLI-2-153 **Instance #:** 000001 **Three Sessions:** 9-10:30 a.m. **Dates:** Mar. 11, 18, 25 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Mar. 9

### **Those Who Sing, Pray Twice: Psalms, Hymns, and Spiritual Songs**

*Instructor:* David Lynch

We sing our faith. Since the beginning of time, humans have sought to communicate with the divine--powers greater than ourselves. When the spoken word falls short, music, the language of the spheres, expresses the inexpressible. In this course we will sing, hear, and examine songs of many faiths--chants, hymns, gospel and camp meeting songs, spirituals, praise choruses, and larger works based on any of these. We will meet poets, composers, and performers in a variety of sacred songs. Come prepared to sing or just to listen!

**Recommended Reading (Optional):** If you have access to a hymnal, please bring it to class.

**Instructor:** *David Lynch*; professor and department head emeritus and current adjunct professor, Meredith College; organist-choirmaster emeritus, Christ Church; former deacon, Church of the Nativity. Consultant/examiner, National Association of Schools of Music. Clinician for church music, choral, organ workshops and festivals; veteran OLLI instructor.

**Course #:** MCE-LLI-1-258 **Instance #:** 000001 **Four Sessions:** 11 a.m.-12:30 p.m. **Dates:** Mar. 11, 18, 25, Apr. 1 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$40 **Registration Deadline:** Mar. 9

### **Beyond Cable: Making Smart Streaming Choices**

*Instructor:* Howard Koslow

This course helps students navigate the rapidly changing world of video streaming and make informed decisions about cable and streaming options, including how to "cut the cable cord." Topics include over-the-air broadcasts, on-demand and live streaming services, and how to select, connect, and use streaming devices (e.g., Roku) and platforms (e.g., Netflix). Participants will also learn how to find content, track their viewing habits, and create watch lists of shows. The goal is to enable each student to create a plan for more intentional, cost-effective, and enjoyable viewing.

**Instructor:** *Howard Koslow*; B.S., Brown University; Software engineer for IBM; volunteer and instructor for OLLI at Duke, teaching technology courses since 2018.

**Course #:** MCE-LLI-1-198 **Instance #:** 000002 **Five Sessions:** 11 a.m.-12:30 p.m. **Dates:** Mar. 11, 18, 25, Apr. 1, 8 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$55 **Registration Deadline:** Mar. 9

## Introduction to White Christian Nationalism

*Instructor:* Tirzah Turner

This course aims to explore nationalism, the belief that loyalty to one's nation is more important than individual or group interests. We will focus on nationalism in the United States and its impact on American history, politics, and culture. Is this belief becoming more widespread in modern times, and if so, why? We will explore its roots and how it differs from patriotism.

**Instructor:** *Tirzah Turner*; Doctorate of Ministry in the field of practical theology, Drew University; M.Div., Gardner-Webb University; B.M., Carson-Newman University; community pastor at a non-denominational church in Cary and has a particular interest in the intersections of culture, justice and religion.

**Course #:** MCE-LLI-2-150 **Instance #:** 000001 **Two Sessions:** 11 a.m.-12:30 p.m. **Dates:** Apr. 8, 15 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$30 **Registration Deadline:** Apr. 6

## Goin' Genre: The Many Varieties of Film

*Instructor:* Lewis Beale

Genre is defined as "a category of artistic composition characterized by similarities in form, style or subject matter." It's no secret that genre films have been a mainstay of the film business since its very beginning. This course will feature films from six different genres: science fiction, film noir, the western, historical fiction, comedy and romance. A discussion will follow each screening.

**Note:** Some of these films contain violence. If movie violence of any kind disturbs you, this course may not be for you.

**Instructor:** *Lewis Beale*; film industry reporter for newspapers in New York and Los Angeles; taught journalism at UNC-Wilmington; has written for *The New York Times*, *Newsday*, the *L.A. Times*, *The Daily Beast* and other magazines and websites; veteran OLLI instructor.

**Course #:** MCE-LLI-1-269 **Instance #:** 000001 **Six Sessions:** 1-4:00 p.m. **Dates:** Mar. 11, 18, 25, Apr. 1, 8, 15 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$75 **Registration Deadline:** Mar. 9

## Discussing Jane Austen's *Persuasion*

*Instructor:* Sue Scott

Usually called "autumnal," *Persuasion* is Austen's most mature work, telling the story of Anne Elliot, who gets her second chance at love with Captain Frederick Wentworth. We'll explore reasons for the continued popularity of this 1818 classic. Along the way, we'll discuss the importance of the Navy in Austen's time, the novel's characters and themes, and some everyday knowledge that contemporary readers took for granted. We'll also identify the quirks of Austen's novels as seen in *Persuasion*, such as her treatment of dialogue, age, and weather. And, of course, we won't forget to examine the original ending, comparing it to Austen's final one. Please join us for this lecture/discussion series.

**Required Reading:** *Persuasion*, Jane Austen

**Instructor:** Sue Scott; retired librarian; she has taught classes for OLLI on *Sense and Sensibility*, *Emma*, and *Persuasion*; as a member of the Jane Austen Society, she presents programs about Austen's life and novels; most recently, a discussion entitled "What Every Janeite Needs to Know"; member of OLLI's Hospitality Committee.

**Course #:** MCE-LLI-1-267 **Instance #:** 000001 **Four Sessions:** 1-2:30 p.m. **Dates:** Mar. 18, 25, Apr. 1, 8 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Mar. 16

## WEDNESDAY

### Discussions of Raleigh and the American Civil War

*Instructor:* Al Bredenberg

Join local historian Al Bredenberg in a study of the city of Raleigh during the American Civil War of 1861-1865. Each class session will revolve around a key topic and will begin with a brief historical presentation by the instructor. Then participants will be invited to respond to discussion questions and to comment on the recommended readings that will be provided before each session.

**Instructor:** *Al Bredenberg*; a writer and researcher focusing on American history; he is a native of Raleigh and has given numerous presentations about the Civil War fortifications of Raleigh built in 1863.

**Course #:** MCE-LLI-1-260 **Instance #:** 000001 **Four Sessions:** 9-10:30 a.m. **Dates:** Mar. 12, 19, 26, Apr. 2  
**Limit:** 24 **Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Mar. 10

### Aging Wisely: Financial and Life Planning for Seniors

*Instructor:* Jim Trull

This course offers a comprehensive approach to senior planning, addressing the physical, emotional and financial aspects of aging to provide seniors and their families with the knowledge, resources and key contacts needed to make informed decisions. Specialists from Senior Resource Alliance of the Triangle share their expertise about aging in place and alternative living arrangements such as assisted living facilities, retirement communities and continuing care retirement communities (CCRCs). They will also explore the various options for final needs planning, from traditional funeral arrangements to alternative methods such as green burials and care from End-of-Life Doulas. The class will also cover key financial topics related to living a long life and the challenges that seniors face and how to properly plan for them. Whether participants are planning for themselves or assisting loved ones, they will gain valuable knowledge and practical steps to prepare for the future with confidence and peace of mind.

**Instructor:** *Jim Trull*; CeFT™, CFP™; is a graduate of NC State and the founder of Keystone Financial Partners which recently merged into Pathfinder Wealth Consulting, an independent wealth management firm in Cary; Jim has earned his CERTIFIED FINANCIAL PLANNER™, Chartered Financial Consultant®(ChFC®), Chartered Life Underwriter®(CLU®), Certified in Long-Term Care (CLTC) and Certified Financial Transitionist®(CeFT®) designations; Jim has more than 40 years of experience advising clients through some of life's most critical transitions such as retirement, loss of a spouse, and coming into sudden money from an inheritance or sale of a business.

**Course #:** MCE-LLI-1-259 **Instance #:** 000001 **Four Sessions:** 11 a.m.-12:30 p.m. **Dates:** Mar. 12, 19, 26, Apr. 2 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Mar. 10

### The Weapon that Changed the World Forever

*Instructors:* Carol Rahmani, Phyllis Demko, Bill Pace, Steve Sakofsky, Walter Schenberger

This course will delve into the atomic bomb, the weapon that President Harry Truman forewarned the Japanese would unleash "a rain of ruin from the air, the like of which has never been seen on this earth." This comprehensive course will cover the top-secret Manhattan Project, including the impact and consequences of the work on the scientists and their families, and Robert Oppenheimer's pivotal role and subsequent struggles. We review the science underlying creation of the bomb, including fission, strategies for harnessing uranium, various designs and the testing process. We explore the human factor, the bomb's effect on health and behavior, the lingering devastation to the Japanese and its influence on today's culture. We examine why and where the targets were chosen, the military strategies used to drop the bomb, and the role of Gen. MacArthur

and the U.S. in rebuilding and stabilizing Japan's economy, its cities and its people. We look at the evolution of the bomb post-WWII, and consider trends impacting global nuclear weapon nonproliferation.

**Instructor:** *Carol Rahmani*; retired school system administrator and school psychologist; joined OLLI in 2009, and began serving on the Program Development Committee soon thereafter; she is a veteran OLLI instructor and was the 2014 recipient of OLLI's Betty Poulton Volunteerism Award.

**Instructor:** *Phyllis Demko*; has been an active OLLI volunteer since 2013, including service on the Program Development Committee and as an OLLI instructor; her career was in higher education as a lawyer, human resources administrator and instructor in literature, writing and education.

**Instructor:** *Bill Pace*; enjoyed a long career in the IT industry; since joining OLLI, he has chaired the Science and Technology subcommittee and serves on the Program Development Committee; he is a veteran OLLI instructor and presents courses on a wide range of science topics.

**Instructor:** *Steve Sakofsky*; worked in industrial manufacturing management, mainly in Quality Assurance; he is a veteran OLLI instructor and is a member of the Program Development Committee.

**Instructor:** *Walter Schenberger*; retired USAF officer who spent 30 years serving in various roles at the tactical level flying airplanes, at the operational level in planning, preparing for and executing operations in Hawaii and Iraq, retiring as a military attache from the U.S. Embassy in Seoul, South Korea.

**Course #:** MCE-LLI-1-254 **Instance #:** 000001 **Five Sessions:** 11 a.m.-12:30 p.m. **Dates:** Mar. 19, 26, Apr. 2, 9, 16 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Mar. 17

### **U.S. Immigration: Economic Lifeline to Political Wrecking Ball**

*Instructor:* Roland Menestres

During the past 400 years, immigrants have built our country into--arguably-- the most powerful nation in the world. Yet, every newly arriving immigrant keeps facing the same reluctance, accused at once of "mooching" the system and taking away good American jobs. We will examine how our country has dealt with this situation through the generations. We will conclude with a short glimpse at other Western nations' immigration policies and a look at the crystal ball of future world migrations caused by extreme weather and violence.

**Instructor:** *Roland Menestres*; B.A., French Languages and Literature, NC State; retired high school teacher; license in English as a Second Language; OLLI member and veteran OLLI instructor.

**Course #:** MCE-LLI-1-243 **Instance #:** 000001 **Six Sessions:** 1-2:30 p.m. **Dates:** Mar. 12, 19, 26, Apr. 2, 9, 16 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Mar. 10

### **Our Emotional Lives**

*Instructor:* Ben O'Neal

Speaking primarily about emotions, Plato observed, "The unexamined life is not worth living." Designed especially for seniors, this is a "hands on" course which explores recent science on how our emotions control our everyday lives, including the way we relate to and respond to others. The course depends heavily on the participation of class members. Since each of us is different (we have different genes, desires, experiences, world views, etc.), we will use in-class exercises, and work in small groups to explore what might work for each of us in applying new ideas for promoting emotional intelligence for ourselves, loved ones, friends and communities.

**Recommended Reading (Optional):** *Permission to Feel*, Marc Brackett

**Instructor:** *Ben O'Neal*; Distinguished Professor Emeritus of Communications and Signal Processing, NC State; RJ Reynolds Award for Research, Extension and Teaching; Academy of Outstanding Teachers, veteran OLLI instructor, OLLI member.

**Course #:** MCE-LLI-1-261 **Instance #:** 000001 **Four Sessions:** 1-2:30 p.m. **Dates:** Mar. 19, 26, Apr. 2, 9  
**Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$40 **Registration Deadline:** Mar. 17

### **Surrealism and the Sublime Through Art History**

*Instructor:* Bob Vance

We will start with a fresh interpretation of Hieronymus Bosch's marvelous masterpiece "The Garden of Earthly Delights," and we will see how it gave rise to both Surrealism and the sublime in art. Next, we will take two fascinating journeys through art history, tracing how the sublime and the surreal got embodied in famous artworks as we proceed from figurative paintings to abstract portrayals to recent photographic depictions. We will end by focusing on a striking digital reconfiguration of Bosch's iconic original and consider such contemporary art in relation to our own social media culture.

**Instructor:** *Bob Vance*; B.A. Kenyon College, Ph.D. Duke, MFA UNC Chapel Hill; Emeritus professor of philosophy who taught at UNC Chapel Hill for over 35 years; along the way Robert acquired an MFA degree in studio art, which helped refocus his teaching in later years on aesthetics and the philosophy of art; his sculptures and photographs have been exhibited widely and have received many awards; his writings focus on the intersection of art and philosophy.

**Course #:** MCE-LLI-1-265 **Instance #:** 000001 **Six Sessions:** 3-4:30 p.m. **Dates:** Mar. 12, 19, 26, Apr. 2, 9, 16 **Limit:** 29 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Mar. 10

### **Via Zoom -- Picasso and Matisse: How a Bromance Revolutionized Art**

*Instructor:* Kirah Van Sickle

Contemporary art may have never had such profound influence it has today if it wasn't for the friendship and rivalry between two modern masters, Pablo Picasso and Henri Matisse. We will explore the motivation, influences and creative relationship that drove these two greats to produce a lifetime of works unmatched to this day. ***This lecture is offered in partnership with OLLI UNCW.***

**Instructor:** *Kirah Van Sickle*; lifelong artist and adventurer; in addition to her studio practice, she is a dynamic instructor, lecturer, mentor and coach, leading custom studio and cultural history courses locally and internationally; she brings rich insight and experience to materials and traditional and contemporary processes; active in community arts programming, she is passionate about the preservation of natural and cultural resources.

**Course #:** MCE-LLI-2Z-158 **Instance #:** 000001 **Two Sessions:** 3-4:30 p.m. **Dates:** Apr. 2, 9 **Limit:** 50  
**Location:** Zoom **Fee:** \$30 **Registration Deadline:** Mar. 27

### **Tuning the Chakras: Unlocking Energy Flow with Sound**

*Instructors:* Benina Drake, Ann Drake

This course explores the relationship between sound and the body's energy centers, or chakras. In this immersive experience, participants will learn how different frequencies and vibrations resonate with each chakra, promoting balance, healing, and vitality. Through guided sound meditations and hands-on practice with instruments like singing bowls and tuning forks, you'll discover how to clear energy blockages, raise your vibrational frequency, and enhance your overall well-being skills.

**Instructors:** *Benina and Ann Drake*; a mother-daughter team working together to help people through sound, vibration, frequency and holistic energy work; our journey began from a shared passion for wellness and a desire to help others live more balanced, fulfilling lives; Ann is a Reiki Master Teacher, Archangelic Light and IET practitioner; Benina is a Reiki Master and certified sound therapist and healer.

**Course #:** MCE-LLI-2-156 **Instance #:** 000001 **Two Sessions:** 3-4:30 p.m. **Dates:** Apr. 9, 16 **Limit:** 19  
**Location:** McKimmon Room 13 **Fee:** \$30 **Registration Deadline:** Apr. 7

## THURSDAY

### **America's "Gilded Ages": 1870 and Today**

*Instructor:* John Pilgrim

Our country experienced the first "Gilded Age" from 1870-1890, undergoing a period of rapid industrialization, phenomenal growth and a great disparity of wealth. This time in history ended with a period of progressivism, World War I, the Great Depression and World War II. Following our "coming of age" years (1946-1980s) we moved into the second "Gilded Age", which continues to this day. This course will examine the intersection of economics, politics and culture in each of these periods to gain a fuller understanding of our history. We will also speculate on what may come in our economic future.

**Instructor:** *John Pilgrim*; Ph.D., Economics, Vanderbilt University; B.A., Economics, Grinnell College; professor of economics for 35 years, now retired; has taught various economics-related OLLI courses; facilitates the OLLI Great Books discussion course; veteran OLLI instructor.

**Course #:** MCE-LLI-1-271 **Instance #:** 000001 **Six Sessions:** 11 a.m.-12:30 p.m. **Dates:** Mar. 13, 20, 27, Apr. 3, 10, 17 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Mar. 11

### **Via Zoom -- Bourbon: America's Native Spirit**

*Instructor:* Ken Updegrave

This course will cover what bourbon is and is not. Topics include the many aspects of the bourbon industry, including its history, production methods, marketing and advertising. The different types of bourbon and the taste profiles associated with each will be explored. While tasting will not be involved during the class, we will discuss what one should expect to taste when drinking bourbon and where those taste profiles come from.

***This course is offered in partnership with OLLI at Furman.***

**Instructor:** *Ken Updegrave*; a 1990 NC State University graduate in Accounting, Ken works with Resource Financial Services working with older adults to help them plan and execute strategies to maximize their retirement lifestyle; in addition to this class, Ken has taught several OLLI classes on Aging in Place that were very well received by his students.

**Course #:** MCE-LLI-2-041 **Instance #:** 000002 **Three Sessions:** 11 a.m.-12:30 p.m. **Dates:** Apr. 3, 10, 17 **Limit:** 100 **Location:** Zoom **Fee:** \$40 **Registration Deadline:** Mar. 29

### **Postcards from Around the World**

*Instructor:* Lauren Ball

No passports are required for this trip around the world as we travel to six different countries all within the comfort of an OLLI classroom! Leveraging the expertise of NC State's diverse international population, weekly presenters will share the history, art, music, food, language, and other cultural topics from their countries. Members will be emailed a list of countries represented in this course after January and the OLLI online catalog will be updated with this information. Join us for this exciting tour of amazing countries, stories, and people without having to step foot in an airport.

**Instructor:** *Lauren Ball*; has worked in the Office of International Services at NC State for 14 years and has been coordinating the Postcards from Around the World class almost annually during that time; she holds a Master's degree in International Studies from NC State and loves supporting engagement between NC State's international population and OLLI class participants.



**Course #:** MCE-LLI-1-133 **Instance #:** 000003 **Six Sessions:** 3-4:30 p.m. **Dates:** Mar. 13, 20, 27, Apr. 3, 10, 17 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$55 **Registration Deadline:** Mar. 11

## SECOND TERM LECTURES

### MONDAY

#### Raleigh's Dixie Classic College Basketball Tournament

*Instructor:* Michael Smith

The Dixie Classic was a men's college basketball tournament held from 1949-1960 at NC State's Reynolds Coliseum. This event was the brainchild of legendary NC State Basketball Head Coach Everett Case and captivated the imagination of the Triangle during its tenure. This event laid the groundwork for the culture of passionate ACC basketball fans throughout the state of North Carolina and was an economic boom to Raleigh. This lecture examines the history of the event, the critical moments in sports and social history in Raleigh it created, its untimely end and the legacy of cultural and economic impact on our state.

**Recommended Reading (Optional):** *The Classic*, Bethany Bradsher; *Four Corners: How UNC, NC State, Duke, and Wake Forest Made North Carolina the Crossroads of the Basketball Universe*, Joe Menzer

**Instructor:** *Michael Smith*; B.S., Sport/Entertainment/Event Management, Johnson & Wales University-Charlotte,; M.R., Parks, Recreation, Tourism, Sport Management, NC State; MBA, Coastal Carolina University; over 10 years experience in sports marketing in NASCAR,; former Intern of the 2010 Atlantic Coast Conference (ACC) Football Championship Game in Charlotte; Adjunct Professor of Marketing at Francis Marion University in Florence, SC.

**Course #:** MCE-LLI-3-315 **Instance #:** 000001 **One Session:** 11:00 a.m.-12:30 p.m. **Date:** Mar. 10 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** March 8

#### The Origin of the Elements: Why We Are Made of Stardust

*Instructor:* Donald Ellison

In the last 70 years science has been able to understand, in general terms, the origin of the elements. Apart from hydrogen and helium, the elements have been created in stars and the dust from these stars is the raw material for newer stars and planets like the sun and Earth. While important details remain, the story of nucleosynthesis represents one of the greatest scientific discoveries of all time. This lecture provides a basic background of the physics and astrophysics underlying this discovery and mentions some of the current theories and observations that are attempting to solve the remaining mysteries hidden in the details of elemental abundances.

**Instructor:** *Don Ellison*; Ph.D., The Catholic University of America; Professor Emeritus, Physics, NC State; has taught and done research on the theory of cosmic rays, particle acceleration in high-energy astrophysics, and the modeling of supernova remnants.

**Course #:** MCE-LLI-3-325 **Instance #:** 000001 **One Session:** 11:00 a.m.-12:30 p.m. **Date:** Apr 7 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** April 5

#### Bridge Design in the United States

*Instructor:* Larry McDowell

This lecture offers a short history of bridge design practices in the United States. We will cover the major types of bridges, structural materials, and the evolution of design to the present. Several case studies will be

presented, including the Eads Bridge in St. Louis and the Brooklyn Bridge in New York. Finally the question “Why do bridges fail?” will be examined, with discussions of specific past collapses.

**Recommended Reading (Optional):** *The Great Bridge*, David McCullough

**Instructor:** *Larry McDowell*; B.S., Civil Engineering from Georgia Tech; recently retired after 47 years as a structural engineering consultant and professionally licensed in 20 states; awarded the Structural Engineer of the Year in 2023 by the Structural Engineers Association of North Carolina.

**Course #:** MCE-LLI-3-307 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Mar. 10 **Limit:** 39 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Mar. 8

### **How to Fix Your Digital Photos**

**Instructor:** Lila Bednar

We all take pictures with our phones, but not all pictures are great. This lecture will teach you how to rescue those “almost great” pictures by using some low or no-cost tools for your phone or computer. You can take out that former friend or make the picture of the party great. You do not have to be a Photoshop wizard to improve your photos; there are many options that you can use.

**Instructor:** *Lila Bednar*; B.S., Computer Networking, Strayer University; M.S. Information Assurance Engineering, Capitol Technology University; multiple technical certifications including Certified Information Systems Security Professional (CISSP) and Certified Information Systems Manager (CISM); has a multi-decade career in information security (now called cybersecurity), compliance and privacy with experience in both governmental and commercial environments, including cloud computing.

**Course #:** MCE-LLI-3-309 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Mar. 17 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** March 15

### **Duke's Puppy Kindergarten**

**Instructor:** Vanessa Woods

What does it take to raise a great dog? Enrolling one hundred and one puppies in the Duke Puppy Kindergarten aimed to answer that question. The goal was to understand the secrets of the puppy mind, discovering what factors might predict whether a puppy will grow up to change someone’s life. Never has cuteness been so cutting edge! Applying the same games that psychologists use when exploring the development of young children, this research uncovers what happens in a puppy’s mind during their final stage of rapid brain development. Raising dozens of puppies on a college campus means you get pretty good at answering big questions about puppy behavior—join us to learn more.

**Recommended Reading (Optional):** *Puppy Kindergarten*, Brian Hare, Vanessa Woods

**Instructor:** *Vanessa Woods*; Director of the Duke Puppy Kindergarten and an award winning writer and journalist; In 2010, her book *Bonobo Handshake: A Memoir of Love and Adventure in Congo* won the Thomas Lowell award for non fiction and her children’s book, *It’s true, Space turns you into Spaghetti* was named an Acclaimed Book by the Royal Society in 2007; in 2022, Vanessa was voted a Duke icon by the Duke community, an award which recognizes “kindness, passion, talent or intellect”; Woods and Brian Hare live together with their dog in North Carolina; their first book together, *The Genius of Dogs* was a New York Times Bestseller, and their second book *Survival of the Friendliest* was an international bestseller and won the ‘Smart Book of the Year 2022’.

**Course #:** MCE-LLI-3-306 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Mar. 24 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** March 22

## **Maintaining Foot Health: Common Conditions and Care**

*Instructor:* Morgan Womble

This lecture will focus on basic foot anatomy and structure, common foot disorders and treatment plans, common toenail conditions and care regimens, overall skin and lower extremity health. Conditions to be discussed include: bunions, plantar fasciitis, midfoot arthropathy, diabetes and effects on feet, callus and corn management, toenail fungus, ingrown toenails, and more. We will review basic foot health and offer time for question and answers to enhance the participants learning and clarify any information based upon request.

**Instructor:** *Morgan Womble*; DNP, RN, AGPCNP-C, CWOCN; Doctor of Nursing Practice with a focus in Adult-Gerontology, East Carolina University; B.S., Nursing, NC Central University; Certified Wound, Ostomy, Continence Nurse Certifications, Emory University; In 2023, Dr. Womble opened Womble's Wound and Foot Care Solutions, a small mobile wound and foot care business, to provide important but often overlooked health care services for those with mobility and transportation issues; received the "Future is Bright" award from the Wound, Ostomy, and Continence Nurses Society; 2024 presenter at the Southeast Regional WOCN Society Conference in 2024 speaking on nurse entrepreneurship.

**Course #:** MCE-LLI-3-312 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Mar. 31 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** March 29

## **Winning WWII: Victory Gardens and More**

*Instructor:* Gary Moore

During World War I and II, home and community gardens played a bigger role than just providing food for the family--took on a bigger fight against battling food insecurity. These gardens, known as "Victory Gardens", were first developed in the United States in 1917 to alleviate the severe food shortage experienced in Europe during World War I. Following the end of World War I, the promotion of Victory Gardens stopped; however, many Americans continued their efforts. In 1942, Victory Gardens reemerged as the U.S. entered World War II. Once again, Americans were called to action and the response was monumental. In this presentation we'll take a closer look at World War II Victory Gardens. We will also learn about other domestic activities to win the war such as collecting scrap metal, rubber, rags, tin cans and newspapers, gathering milkweed floss, and recycling old phonograph records.

**Instructor:** *Gary Moore*; Professor Emeritus, Agricultural and Extension Education, NC State; member of the NC State University Academy of Outstanding Teachers; 2024 recipient of the William C. Friday Award for Distinguished Service in Retirement; has made presentations in 41 states, four Canadian provinces and on four continents; veteran OLLI instructor.

**Course #:** MCE-LLI-3-302 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Mar. 10 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Mar. 8

## **From Center Stage to Center Office: The Journey from Broadway Performer to Theatre Producer**

*Instructor:* Lauren Kennedy

Join Lauren Kennedy Brady, a seasoned Broadway performer turned successful theater producer, for an insightful and extraordinary journey behind the scenes of her exciting career. Learn about the transition from performing under the lights to leading productions and which skills, mindset shifts, and creative visions were needed to make the leap from performer to producer. Lauren will share firsthand stories, practical tips on the business of theatre, and lessons learned from both sides of the stage. Whether you're an aspiring performer, future producer, or simply curious about the inner workings of Broadway, this class offers a unique perspective on what it takes to bring stories to life from every angle of the theater world.

**Instructor:** *Lauren Kennedy Brady*; former Broadway veteran; studied at the University of Cincinnati College-Conservatory of Music and performed on Broadway in *Sunset Boulevard*, *Side Show*, *Les Miserables*, *Spamalot* and as Nellie Forbush in *South Pacific* at the National Theatre in London; as a producer, she invested in *Bull Durham*, and the Off-Broadway shows *Rated P for Parenthood* and *Vanities*; Lauren developed the musical *Drift* with BB Kings in NYC, *Peace of Clay* with the North Carolina Theatre and produced two albums with PS Classics. As Executive Director of Theatre Raleigh, Lauren uses her Broadway connections to bring in top talent for the company's shows and concerts including Broadway stars such as Tony Award nominees and winners Norm Lewis, Stephanie J. Block, and Norbert Leo Butz, as well as Academy Award winner Ariana DeBose. For the theatre's move in 2020, Kennedy Brady oversaw the million-dollar capital campaign to convert an 18,000-square-foot space into a hub for performing arts. The centerpiece of the new location is the De Ann S. Jones Theatre, a 3,600-square ft space with technical balconies, a sprung floor and flexible seating, which opened in August 2022.

**Course #:** MCE-LLI-3-305 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** March 31 **Limit:** 145

**Location:** McKimmon Room TBD **Fee:** \$15 / **Non-Member Rate:** \$20 **Registration Deadline:** March 29

### **Gilbert and Sullivan: Foundation of Broadway**

*Instructor:* Pam Guidry-Vollers

Gilbert and Sullivan were partnered with one another to create a new form of entertainment the world had never seen. Their partnership created 14 operettas over the course of 25 years and pushed the boundaries of what theatregoers expected in the late 19th century. Come explore the fascinating partnership that created the foundation for what we know as musical theatre today.

**Instructor:** *Pam Guidry-Vollers*; B.A., Musical Theatre, Catawba College; active member of The Durham Savoyards, Ltd., an organization dedicated to the performance of Gilbert and Sullivan operettas since 1963, and currently serves as the Past President on their Board of Governors.

**Course #:** MCE-LLI-3-294 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Mar. 24 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** March 22

### **Aging in Place: Should I Stay or Should I Go?**

*Instructor:* Freda Hamlett

Are you considering whether to stay in your current home as you age or move to a community that provides for your health, wellbeing and personal needs? The decision to age in place or move for care depends on many factors. This lecture will inform you about easy and smart modifications you can make to your current home, and what services are available to you should you decide that aging in place is right for you.

**Instructor:** *Freda Hamlett*; B.A., Syracuse University in Interior Design; certified Senior Housing Professional; senior Real Estate Specialist.

**Course #:** MCE-LLI-3-321 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Apr 7 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** Apr. 5

## **TUESDAY**

### **Discovering your Revolutionary War Patriots**

*Instructor:* Brenda Carbon

American history ensures we remember those heroes that bravely defended our country during the Revolutionary War. But did you know that the National Society Daughters of the American Revolution recognizes those that performed a civil service or donated goods as Revolutionary War Patriots? This lecture

will discuss the qualifications to receive patriot status, and what resources and records you can use to locate patriots in your ancestry.

**Instructor:** *Brenda Carbon*; B.S., Chemistry; B.S., Medical Technology; worked for many years in the field of Healthcare Software, retiring as a Product Manager; she is an active member of the Daughters of the American Revolution (DAR), having served as a registrar for several years; she is actively involved in genealogy research.

**Course #:** MCE-LLI-3-300 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Mar. 11 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$15 **Registration Deadline:** March 9

## WEDNESDAY

### **Range: How Generalists Conquer Their World**

*Instructor:* Lee Ward

Everything you think you know about achieving excellence may be wrong. This program extends David Epstein's best-selling book *Range*, an examination of how people develop and apply skills across a variety of fields, from sports to music to science. And it's all good news! We will explore the research on how generalists, not those who specialize from a young age, work through delay and inefficiency to achieve at higher and more impactful levels. We will also contrast Epstein's work to the ideas of "grit" and the "10,000 hour rule" to demonstrate why quitting and changing directions can provide a more fruitful and satisfying path.

**Instructor:** *Lee Ward*; received his doctorate in higher education administration from NC State; M.S. in integrated science and technology from James Madison University; B.S. in biology from Salisbury University; he has held faculty and leadership roles at five universities over forty-three years; he is Faculty Emeritus from JMU, author of *First Generation College Students*, and an instructor in the UNCW Honors College.

**Course #:** MCE-LLI-3-303 **Instance #:** 000001 **One Session:** 11:00 a.m.-12:30 p.m. **Date:** Mar. 12 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** March 10

### **Disaster Response in a Changed Climate**

*Instructor:* Jarrod Davis

In times of natural disaster, faith communities have historically responded by offering recovery assistance and damage repair. In our changed climate--both meteorological and societal--these ways of responding are not enough. How are faith communities preparing for natural disasters in our new reality, and how should they be?

**Instructor:** *Rev. Jarrod S. Davis*; native of eastern North Carolina, where his family's farm dates back to 1776; B.A., English, NC State; Master of Divinity from Duke University; Jarrod has been in ministry with the North Carolina Conference of the United Methodist Church since 2012, and has served as pastor of several rural churches; chair of the NC Conference's Creation Care Committee from 2020-2023, and now serves as the Creation Ministries Coordinator for both the North Carolina and Western North Carolina Conferences of the UMC; writes, speaks on, preaches, teaches and trains Christians in becoming better environmental stewards from a Christian theological standpoint, and helps churches incorporate positive ecological practices into their missions.

**Course #:** MCE-LLI-3-310 **Instance #:** 000001 **One Session:** 11:00 a.m.-12:30 p.m. **Date:** Apr 9 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$15 **Registration Deadline:** April 7

## **Riding Around Raleigh: Public Transit 101**

*Instructors:* Rachel Anderson, Mason Chamblee

This lecture will explore the ins and outs of our city's transit system. We will offer a comprehensive overview of GoRaleigh services, including bus routes, schedules, and fare options. Participants will learn how to navigate the system effectively, understand the benefits of public transit, and discover resources to make their travel easier and more enjoyable. Whether you're a newcomer or a seasoned rider, this course will equip you with the knowledge to confidently explore Raleigh by bus.

**Instructor:** *Rachel Anderson*; B.A., Political Science, Georgia State University; M.A., Political Science, Georgia State University; Graduate Certificate, Planning and Economic Development, Georgia State University; Community Relations Coordinator, TDM Program, City of Raleigh; Transit Recipient of Sustainability Ambassador's Award by City of Atlanta; Completed Raleigh Neighborhood College, Spring 2024; Co-manager of City of Raleigh E-Bike Rebate Program.

**Instructor:** *Mason Chamblee*; currently works in community relations for Raleigh Transit, with experience in leading community organizations and programs; he was recently recognized as the Local TDM Advocate of the Year by the Association for Commuter Transportation; he grew up in rural East Texas, eventually attending the University of Texas at Austin; after stints in Austin and Kentucky he started with the City of Raleigh in 2022.

**Course #:** MCE-LLI-3-316 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Mar. 19 **Limit:** 29 **Location:** McKimmon Room 13 **Fee:** \$15 **Registration Deadline:** March 17

## **Via Zoom -- Wabi Sabi: How a Culture of Perfection Finds Beauty in Flaws**

*Instructor:* Emma Dixon

This presentation explores the rich history of Japanese art and the cultural phenomenon of wabi sabi, which finds beauty in imperfection and simplicity. We examine how wabi sabi has influenced various art forms such as the tea ceremony, ikebana and architecture, and its significant impact on Japanese culture. ***This lecture is offered in partnership with OLLI UNCW.***

**Instructor:** *Emma Dixon*; as member of the Wilmington Ikebana chapter, she has immersed herself in the traditional Japanese art of flower arranging and is versed in various aspects of Japanese art and history.

**Course #:** MCE-LLI-3Z-326 **Instance #:** 000001 **One Session:** 3-4:30 p.m. **Date:** Mar. 19 **Limit:** 50 **Location:** Zoom **Fee:** \$15 **Registration Deadline:** March 13

## **THURSDAY**

### **The Milky Way: Our Home Galaxy**

*Instructor:* Patrick Treuthardt

How has our understanding of the nature of the Milky Way changed? What is its origin and eventual fate? We will discuss some of the historical science that shaped our perception of the Galaxy and our place in it. We will also discuss some of the more modern revelations that have given us insight into our Galaxy's past, present, and future.

**Instructor:** *Patrick Treuthardt*; B.S. in Physics with an option in Astrophysics from the New Mexico Institute of Mining and Technology; M.S. and Ph.D. in Physics with a specialization in Astronomy from the University of Alabama; Visiting Researcher at the University of Oulu in Oulu, Finland; Postdoctoral Research Fellow at the University of Arkansas at Little Rock in Little Rock, Arkansas; Assistant Head of the Astronomy & Astrophysics Research Lab at the North Carolina Museum of Natural Sciences in Raleigh, North Carolina.

**Course #:** MCE-LLI-3-081 **Instance #:** 000002 **One Session:** 1-2:30 p.m. **Date:** Mar. 13 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** March 11



## **Pursuing Justice: Conversations with the Wake County DA**

*Instructor:* Lorrin Freeman

Lorrin Freeman was elected as the Wake County District Attorney in 2014, serving Prosecutorial District 10. She joins OLLI to discuss the myriad of factors that prosecutors consider in choosing which cases to pursue, how we as a community define justice and the limitations of the criminal justice system in achieving it.

**Instructor:** *Lorrin Freeman*; in 2014, Lorrin Freeman was elected as Wake County District Attorney after serving two terms as the elected Clerk of Court; as District Attorney she oversees a team of over eighty; Ms. Freeman received both her undergraduate and law degrees from the University of North Carolina at Chapel-Hill; prior to holding elected office, Ms. Freeman served as Chair of the City of Raleigh's Human Relations Commission; currently, she serves on the Executive Committee and Board of the National District Attorney's Association.

**Course #:** MCE-LLI-3-293 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Apr 3 **Limit:** 145 **Location:** McKimmon Room TBD **Fee:** \$15 / **Non-Member Rate:** \$20 **Registration Deadline:** April 1

## **The Doolittle Raid on Tokyo**

*Instructor:* Roy Heidicker

After the devastating attack on Pearl Harbor the United States needed to respond to Japanese aggression in the Pacific. The innovation and daring of the Doolittle Raid, launching B-25 bombers off of an aircraft carrier, was unprecedented in military history. The Doolittle Raid completely transformed the war in the Pacific. Sixteen medium bombers and eighty men changed the course of World War II. The story of the Doolittle Raid proves that fact is more fantastic than fiction. If you enjoy a tale of heroism and adventure, this is a lecture for you.

**Recommended Reading (Optional):** *I Could Never Be So Lucky Again*, James Doolittle

**Instructor:** *Roy "Doc" Heidicker*; received his Ph.D. in history from the University of Southern California; his dissertation was on the Civil War; at USC he was the Operations Manager for the Film School and the Event Manager for the university; Doc served in the US Marine Corps and was a 4th Fighter Wing Historian for 15 years; he deployed to Iraq and Kyrgyzstan; he and his wife Judine own classic aviation and war art.

**Course #:** MCE-LLI-3-304 **Instance #:** 000001 **One Session:** 1-2:30 p.m. **Date:** Apr 10 **Limit:** 55 **Location:** McKimmon Room 11/12 **Fee:** \$15 **Registration Deadline:** April 8

## **FRIDAY**

### **Via Zoom -- A Song of the Unsung: The Legacies of the Swannanoa Tunnel**

*Instructors:* Kevin Kehrberg, Jeffrey Keith

In western North Carolina, the Eastern Continental Divide runs along the Swannanoa Gap, and below this historically important passage over the Blue Ridge Mountains lies the Swannanoa Tunnel. If one were to only read about the 1879 completion of the tunnel in mountain newspapers, this state-financed engineering feat was "a very great triumph." Digging deeper, state records document the exclusive use of African American "convict laborers" at the cost of 30¢ per convict per day. Expanding the universe of primary source materials to the music performed by those workers, one learns that the tunneling work was downright tragic. This presentation will explore the ongoing work of scholars Kevin Kehrberg and Jeff Keith into the song "Swannanoa Tunnel" and the incarcerated railroad workers in Western North Carolina from whom it originated in the 1870s.

**Recommended Reading (Optional):** <https://bittersoutherner.com/2020/somebody-died-babe-a-musical-coverup-of-racism-violence-and-greed>

**Instructor:** *Kevin Kehrberg and Jeffrey Keith*; Kehrberg a musicologist, and Keith a historian, met in graduate school at the University of Kentucky, where they both earned doctorates; as graduate students, they founded the University of Kentucky String Band ensemble and learned to sing "Swannanoa Tunnel" before they even knew where Swannanoa was; now both of them teach at Warren Wilson College, located in the Swannanoa Valley east of Asheville, North Carolina; this project emerged from a team-taught course they offered on work and music in Appalachia back in 2012; as part of that class, the two sought out a kudzu-covered trail east of town that snaked down to active train tracks, and they looked up a handful of state records about the tunnel's construction; this research has grown and continued ever since.

**Course #:** MCE-LLI-3Z-313 **Instance #:** 000001 **One Session:** 11:00 a.m.-12:30 p.m. **Date:** April 11 **Limit:** 100 **Location:** Zoom **Fee:** \$15 **Registration Deadline:** April 6

## LUNCH AND LEARN

***Enjoy a short educational program followed by a catered boxed lunch and time to socialize with members and your instructor. Cost includes the lecture and a boxed lunch by Hope Valley Catering. Your lunch choice will be recorded at the time of registration.***

### Monday

#### Space Travel-Fact or Fantasy?

*Instructor:* Donald Ellison

Human space travel has been a constant theme in science fiction for as long as science fiction has been written. Factually, Americans landed on the moon over 50 years ago, and men and women from a number of nations have been in orbit around the Earth almost continuously since then. Now, however, there is increasing talk of manned missions to the moon and Mars, and even discussions of how humans could travel to planets around distant stars. This lecture will discuss the science (or lack thereof) behind travel to the stars and explore our current capabilities, as well as any conceivable future capabilities. The challenges facing manned missions to the moon or Mars will also be critically considered.

**Instructor:** *Don Ellison*; Ph.D., The Catholic University of America; Professor Emeritus, Physics, NC State; has taught and done research on the theory of cosmic rays, particle acceleration in high-energy astrophysics, and the modeling of supernova remnants.

**Course #:** MCE-LLI-3-324 **Instance #:** 000001 **One Session:** 11:00 a.m.-1:00 p.m. **Date:** Feb. 27 **Limit:** 60 **Location:** McKimmon Room TBD **Fee:** \$45 **Registration Deadline:** Feb. 19

#### Carnivorous Plants of North Carolina

*Instructor:* Clyde Sorenson

In this lecture we will learn about the amazing diversity of carnivorous plants in North Carolina--our state is home to 5 different groups of these plants. We will explore why North Carolina has such great diversity, the distribution and conservation status of these plants, and what is known about their natural history. Join to learn about pitcher plants, flytraps and more!

**Instructor:** *Clyde E. Sorenson*; B.S. Wildlife Biology, M.S. Entomology, Ph.D. Entomology, all from NCSU; professor of entomology in the Department of Entomology and Plant Pathology at NC State; has served on the faculties of the University of Nevada-Reno and the University of Missouri-Columbia; teaches undergraduate and graduate entomology classes at NC State, including Insects and People, Fundamentals of Arthropod Pest Management, and Insect Ecology; conducts research on agricultural pest management and the ecology of

insects and rare plants in longleaf pine savannas; co-leading a citizen science project on an undescribed species of ghost firefly.

**Course #:** MCE-LLI-3-297 **Instance #:** 000001 **One Session:** 11:00 a.m.-1:00 p.m. **Date:** April 4 **Limit:** 60

**Location:** McKimmon Room TBD **Fee:** \$45 **Registration Deadline:** March 27

## ON DEMAND

### **On Demand: Slavery in North Carolina**

*Instructor:* Freddie Parker

**This course is being offered asynchronously via YouTube. Content is provided by the Alliance for Historic Hillsborough, recorded in May 2023.**

**Access to the content will be provided after March 3. \*\*On Demand is pre-recorded content you can view anytime after March 3.\*\***

Learn about the origins and development of slavery in North Carolina through this four-part lecture series by Dr. Freddie Parker. Each lecture is roughly 120 minutes and has been previously recorded. The course begins with the West African kingdoms of Ghana, Mali and Songhay to show African life before the Trans-Atlantic Slave Trade. As the Portuguese and Spanish influence grows, the focus will turn to the procurement of slaves, who eventually are transported to Jamestown in 1619. Once slavery meets the continent, trace the evolution of de jure enslavement to the Slave Code of 1715, and subsequent laws. The final two lectures focus on mechanisms of control by slaveholders, coping strategies, slave resistance, and slavery in nearby Orange County, North Carolina. Learners will also reflect on the status of Free Blacks from 1790 to 1860.

**Instructor:** *Dr. Freddie Parker*; born and reared in Hillsborough; B.A., M.A., History, North Carolina Central University, Ph.D., American History, UNC-Chapel Hill; currently Professor Emeritus, and former Julius L. Chambers Endowed Professor of History at NCCU, having taught American, African American, and African History for 39 years; he is the author of the books, *Running for Freedom: Slave Runaways in NC, 1775-1840* and *Stealing a Little Freedom: Advertisements for Slave Runaways in NC, 1791-1840*.

**Course #:** MCE-LLI-1Z-272 **Instance #:** 000001 **Four 2-hour videos:** On Demand **Dates:** Links to the YouTube videos will be emailed after March 3 **Limit:** 100 **Location:** On Demand **Fee:** \$50 **Registration Deadline:** Feb. 23

## How to register:

### **OLLI at NC State membership is required for participation in all programs.**

Purchase your membership online or call our office at 919-515-5782. All memberships expire June 30. The membership fee is prorated as the year progresses:

- Fall, Spring and Summer Semester Membership (July 1 – June 30) - \$50
- Spring and Summer Membership (November 1 – June 30) - \$40
- Summer Membership (May 1 – June 30) - \$20

Registration for OLLI membership and enrollment in any of its programs is open throughout the program year. Feel free to add courses or events after your initial registration.

Registrations are accepted first come, first served. Registering online is the quickest way to enroll and receive registration confirmation. You may also register by telephone, by mail, or in person.

- If registering online for the first time, you will need to set up an account. Your user ID will be your email address. Find our Registration Quick Guide at: [go.ncsu.edu/olliregistration](http://go.ncsu.edu/olliregistration).
- Classes, lectures, and study trips overlap in time, double check your schedule before registering!
- There may be required reading and other details associated with some of these courses and study trips. Be sure to read the full course description online before registering.
- Please review our Refund Policy on page 49 before registering.

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## Financial Aid

Members with limited discretionary income should contact us if financial assistance is needed in order to enroll in a 6-week course. Generous donations by our members support financial aid. Contact the OLLI office to complete the brief financial aid application or find the application on our website. Financial aid applications must be renewed annually. All information is kept confidential.

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## Online Registration:

Visit [reporter.ncsu.edu](http://reporter.ncsu.edu) and sign in using “Brickyard Login.”

- If you have previously set up an account, your email address is your username. Passwords expire every 365 days. You will be prompted to change your password if it has expired.
- If your membership has been inactive for more than 2 years or you are new to OLLI, choose “Create an Account.” Each OLLI member must provide an email address unique to you in order to register.
- You will know that you have successfully logged in when you see your name in the upper right-hand corner of your screen.
- Find our Registration Quick Guide at: [go.ncsu.edu/olliregistration](http://go.ncsu.edu/olliregistration).

- Trouble registering online? Visit [go.ncsu.edu/olli-help](https://go.ncsu.edu/olli-help) for our Troubleshooting Guide.

To search the alphabetical listing of Study Trips and Experiential Learning in Reporter for Spring Semester type “OLLITRIPS” in the search field at the top of the page.

To search the alphabetical listing of all OLLI offerings in Reporter for Spring Semester type “OLLISP25” in the search field at the top of the page.

Add the classes (and membership if applicable) you want to register for to your cart, then check the box at the bottom of the screen indicating you have read and agree to registration policies, then “Proceed to Order Summary.”

Provide your credit card information as instructed. Please note that the payment processor screen only accepts 2 digits for your credit card expiration date year. For example, if you attempt to type in “2024,” the system will recognize the expiration year as “20” and will show your card as expired.

You will receive an email confirming your registration once completed.

If you have any trouble registering online, please reference “How to Register Online” detailed instructions at <https://mckimmoncenter.ncsu.edu/olli/online-2/> or call our office at 919.515.5782.

### **Phone Registration:**

You may phone in your registration at 919.515.5782, option 1. Spring Semester registration will be in two phases.

- Registration for Study Trips and Experiential Learning begins Thursday, December 5 at 9:30 am.
- Registration for Classes begins Wednesday, December 11 at 9:30 am.

### **In Person Registration:**

If you prefer to register in person, our offices are open Monday – Friday 8:30AM – 4:00PM. We are located in Room 225 at McKimmon Center, 1101 Gorman Street, Raleigh. If registering in person, we accept credit cards and checks only (no cash). **Please note that both the Dec. 5 and Dec. 11 Spring registrations begin at 9:30 a.m. in room 232 at McKimmon Center.**

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## **Refund Policy**

### **General Policies**

- The annual membership fee will not be refunded.
- A \$10 processing fee will be deducted from any refund.
- If you cannot attend, we cannot allow substitutions.
- If OLLI cancels a course or event, you will be notified and given a full refund (or you can transfer to another course or event in the semester). Please allow three weeks for processing refunds.

- Lectures, courses, lunch and learns, experiential learning and study trips overlap in time. Drop fees apply if you double-book yourself.

### **Courses & Experiential Learning (\$26 or more)**

Members may drop a course or experiential learning of \$26 or more and request a refund online or by contacting the OLLI office at least 14 days prior to the start of the course. A \$10 drop fee per member per transaction will be charged. Members may transfer to another course, study trip, experiential learning, or lecture for no fee; this can be done by contacting the OLLI office. The OLLI office can assist you with making a payment for the balance due and receiving a partial refund for the difference in fees as applicable.

### **Lectures, Events and Experiential Learning (\$25 or less)**

No refunds will be given for lectures/events/experiential learning with fees of \$25 or less. Members may transfer to another course or lecture for no fee; this can be done by contacting the OLLI office. You may transfer to a course of equal or greater value; the OLLI office can assist you with making a payment for the balance due if applicable.

### **Study Trips and Lunch & Learns**

- 14 Days or more in advance:  
Refunds for study trips and lunch & learns requested 14 days or more in advance will be granted at 100% minus a \$10 drop fee. Transfers to other courses, lectures, study trips, and lunch & learns can be granted for no fee if space is available. The OLLI office can assist you with making a payment for the balance due and receiving a partial refund for the difference in fees as applicable.
- 8 - 13 Days in advance:  
Refund requests received 8 - 13 days in advance will be subject to a \$10 drop fee, then will receive 50% of the remaining study trip fee. No transfers will be granted.
- Refund requests received 7 days or fewer in advance will not be granted. No transfers will be granted.

### **Multi-day Domestic and International Travel**

The refund policy of our travel partner (for example: Odysseys Unlimited, Road Scholar, etc.) applies.

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## **OLLI at NC State University Code of Conduct**

OLLI at NC State University seeks to promote a culture that fosters both learning and positive social interactions for everyone involved. While some of our programs may contain controversial or highly emotional content related to cultural, religious, or political issues, please respect both members and instructors through active listening and thoughtful discussion, especially if you are not in agreement with their opinions. Monopolizing discussions, undermining the instructor's credibility, or being disrespectful to anyone in words or actions will not be tolerated. Civility is a hallmark; hostility in any form, by instructors or members, has no place in the OLLI community.



Instructors are responsible for leading and moderating classroom discussion and have the prerogative of inviting or allowing questions throughout the class or asking members to hold their questions until the end of class or at another designated time.

If an issue arises in which these expectations are not being followed, the OLLI administration has the authority to remove a student or instructor from the class and/or the program without issuing a refund.

OLLI at NC State University's Code of Conduct is aligned with the [Code of Conduct for students at NC State University](#) in promoting behavior that creates an environment in which the rights, dignity, worth, and freedom of each member of the community are respected.

By joining Osher Lifelong Learning Institute at NC State University, members agree to uphold the shared values of mutual respect, personal integrity, and civil discourse.

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## **Adverse Weather Policy**

OLLI programs, including offsite classes and study trips, are cancelled when Wake County Public Schools close to students because of adverse weather. Wake County Public Schools delays in opening do not affect OLLI's schedule; OLLI programs run as scheduled if there is a WCPSS delayed opening. When WCPSS closes early due to impending weather, we typically do not cancel classes, but please watch for an email from our office under those circumstances. Zoom courses/lectures may be able to continue despite adverse weather, and decisions on Zoom courses/lectures will be made on a case-by-case basis; look for an email from the OLLI office on the day of the lecture/class.

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## **Photo Waiver**

By registering for an OLLI program either online, over the phone or in person, participants give permission to NC State University to take and publish photographs, video, audio or other impressions of their image or voice (collectively "photographs"). Participants will not be compensated for any photographs or other likeness that may be used in this capacity. To opt out of accepting the photo waiver, email [OLLI\\_info@ncsu.edu](mailto:OLLI_info@ncsu.edu).

## **Additional NC State Policies**

By registering for a course, lecture, study trip or event, participants agree to hold NC State University and its employees harmless in the event of personal injuries, accidents, property damage, delays, and losses of any kind.

OLLI is a unit of NC State Continuing and Lifelong Education. The information shared and/or opinions expressed in courses and lectures are those of the individual presenters. The ultimate responsibility for any decision made or actions taken based on the information provided rests with the member.

NC State University does not practice or condone discrimination in any form and is committed to securing equal opportunity in education regardless of race, color, national origin, religion, creed, sex, age, disability, veteran's status, genetic information, or sexual orientation.

## **OLLI Member Benefits**

### **Wolfpack One ID Card**

While the Wolfpack One ID card is not required, members may want to obtain a free Wolfpack One card in order to take full advantage of several university affiliate benefits.

#### **Member benefits requiring the Wolfpack One card:**

- Use of NC State Libraries
- Admission to non-revenue sports such as Wolfpack Women's basketball, gymnastics, and men's baseball (subject to availability on the day of the event).

#### **No Wolfpack One card is required for the benefits below, but you will need to show a photo ID and let them know you are a current OLLI member:**

- Discounts on tickets for select cultural events at Stewart and Thompson Theaters for adults ages 60+.
- Use of Carmichael Gym (for additional fees). Contact the Gym.
- No ID is required for access to the African American Cultural Center
- Transportation on the Wolfline bus system is free.

#### **You may obtain your card at the Wolfpack One Card office after you have purchased your membership.**

Allow one week for the OLLI office to send membership updates to the Wolfpack One office before you go. The office is located in the Talley Student Union, which is between Cates and Dunn Avenues. It is on the first floor of the building (off the main lobby to the left if you enter via the Cates Avenue entrance). Parking is available in the pay lot in the Coliseum Parking Deck at the intersection of Cates and Jensen with a short walk to the Talley Student Union.

The office is open Monday – Friday, 8am – 5pm. The phone number is 919-515-3090. The card is free, but the replacement cost for a lost card is \$20. The card must be renewed annually.

### **NC State Libraries Benefits**

OLLI members are entitled to limited privileges at the NC State Libraries, which include the D.H. Hill Jr. Library, the J.B. Hunt Library (the main libraries), and three branch libraries: Natural Resources, Design, and Veterinary Medical. The libraries are open only to faculty and students enrolled in credit courses during final exam periods. With a Wolfpack One Card, members can borrow books and access some online resources off-campus by logging in as a Libraries Patron using their Borrower ID and PIN. Remote access to many electronic resources is restricted due to licensing agreements. Laptop and device checkouts are not permitted for OLLI patrons.

OLLI at NC State reflects its members' interests and desires. It is a collaborative effort among staff and volunteers, both members and instructors. Members make a difference in **YOUR** OLLI by serving as class hosts who welcome our volunteer instructors, by joining and organizing special interest groups, by planning and welcoming members at OLLI's social events, by spreading the word about OLLI, by serving on subject area program subcommittees and converting ideas into courses, and more! Do you have time and talents to share? Get involved!

Special thanks to our OLLI Advisory Council Members and Standing Committee Members listed below:

### **OLLI Advisory Council**

Sarah Ash	Pat Easterbrook	Bill Jones	Willa Nipper
Barbara Buescher	Stanley Faer	Carol Kasworm	Carol Rahmani
Brenda Carbon	Michael Flynn	Chuck Korte	Scott Renegar
Tina Certo	Diana Hutchinson	Allyn Kosenko	Chris Taylor
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## **OLLI CONTRIBUTORS**

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The Osher Lifelong Learning Institute is financed primarily through membership and program fees. Please consider making a gift of any size to help enhance programming and support financial aid. In addition to The Bernard Osher Foundation, we thank the following generous donors who have made contributions to OLLI at NC State during the 2024-25 fiscal year.

### **Contributors to OLLI July 1, 2024 – October 31, 2024**

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